

Massage Therapy Program Books and Supplies lists (Fall 2016)

Course #	Course Name	Required Text [publication date]	Author(s)	ISBN	Cost, New (UWS)
Note: Titles in Red have been used in a previous class. (Estimates courtesy of UWS bookstore)					
1st Quarter					
MSG 1126	Wellness and Relaxation Massage	Mosby's Fundamentals of Therapeutic Massage (6th ed) [2016]	Fritz, Sandy	978-0323353748	\$\$82.00
BIO 1121	Anatomy & Physiology I	Memmler's Structure and Function of the Human Body (11th ed) [2016]	Cohen and Taylor	9781496317728	\$60.99
BIO 1122	Anatomy & Physiology I Lab	Memmler's Structure and Function of the Human Body (11th ed) [2016]	Cohen and Taylor	9781496317728	
MSG 1123	Medical Terminology	Mosby's Fundamentals of Therapeutic Massage (6th ed) [2016]	Fritz, Sandy	978-0323353748	
MSG 1124	Communications & Ethics	Ethics of Touch (2 nd ed) [1/2/14]	Benjamin, Ben	1882908422	\$\$35.95
MSG 1125	Kinesiology I	Trail Guide to the Body (5 th ed) [June 2014] Trail Guide to the Body: Student Handbook [9/1/10]	Biel, Andrew Biel, Andrew	9780982978658 9780982978665	\$62.75 \$24.95
MSG 1109	Clinic I- Intro to Clinic	Mosby's Fundamentals of Therapeutic Massage (6th ed) [2016]	Fritz, Sandy	978-0323353748	

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2nd Quarter					
MSG 2121	Fundamentals of Treatment Based Massage	Modalities for Massage and Bodywork 2 nd Edition	Stillerman, Elaine	9780323239318	\$70.00
		Condition Specific Massage Therapy	Bucci, Celia	9781582558073	\$76.00
BIO 2121	Anatomy & Physiology II	Memmler's Structure and Function of the Human Body (11th ed) [2016]	Cohen and Taylor	9781496317728	
BIO 2122	Anatomy & Physiology II Lab	Memmler's Structure and Function of the Human Body (11th ed) [2016]	Cohen and Taylor	9781496317728	
MSG 2123	Kinesiology II	Trail Guide to the Body (5th ed) [June 2014]	Biel, Andrew	9780982978658	
		Trail Guide to the Body: Student Handbook [9/1/10]	Biel, Andrew	9780982663417	
MSG 2124	Pathology	Massage Therapists Guide to Pathology 6 th Ed [August 2015]	Werner, Ruth		\$76.00
MSG 2127	Clinic II	Mosby's Fundamentals of Therapeutic Massage (6th ed) [2016]	Fritz, Sandy	9780323077408	

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3rd Quarter					
BIO 3120	Anatomy & Physiology III	Memmler's Structure and Function of the Human Body (11th ed) [2016]	Cohen and Taylor	9781496317728	
		Food Rules: An Eater's Manual [12/29/09]	Pollan, Michael	9780143116387	\$11.00
BIO 3121	Anatomy & Physiology III Lab	Memmler's Structure and Function of the Human Body (11th ed) [2016]	Cohen and Taylor	9781496317728	
MSG 3126	Treatment Based Massage for Specific Conditions	Modalities for Massage and Bodywork 2 nd Edition	Stillerman, Elaine	9780323239318	
		Condition Specific Massage Therapy	Bucci, Celia	9781582558073	
MSG 3127	Sports and Rehabilitation Massage	Therapeutic Massage in Athletics	Archer, Pat	9780781742696	\$61.00
MSG 3125	Clinic III	Mosby's Fundamentals of Therapeutic Massage (6th ed) [2016]	Fritz, Sandy	9780323077408	
MSG 3105	Massage for Cancer Patients	Medicine Hands: Massage for people with Cancer ^{3rd} Edition (2007) [1/7/07]	MacDonald, Gayle	9781844096398	\$37.00

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4th Quarter					
MSG 4125	Clinic IV	Mosby's Fundamentals of Therapeutic Massage (6th ed) [2016]	Fritz, Sandy	9780323077408	
MSG 4121	Survey of Modalities	No Textbook Required- see instructor for recommended reading list			
MSG 4128	Massage for Special Populations	Step by Step Massage Therapy Protocols for Common Conditions	Versagi, Charlotte	9780781787154	\$61.00
MSG4123	Business Management	Business Mastery: A guide for creating a fulfilling, thriving business and keeping it successful 5 th Ed.[2016]	Sohnen-Moe, Cherie	978-188290-8-05-9	\$41.50
MSG4105	Professional Development	No Textbook Required- see instructor for recommended reading list			

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University of Western States Massage Program Supplies List (March 2015)	
Required Supplies	Recommended Supplies
<ul style="list-style-type: none">• UWS Massage Polo- \$35.00• Massage Lotion Holster and Bottle- \$15.00• Notebooks, Pens, Paper etc• Minimum of 2 sets of the following massage linens- (approximately \$40.00)<ul style="list-style-type: none">○ Twin-sized fitted sheet○ Twin-sized flat sheets○ Bath Size towel○ Pillow case	<ul style="list-style-type: none">• Massage Table- \$300.00-600.00• Round Bolster- \$ 30.00• Massage Lubricant- \$15.00