**MS in Sport and Performance Psychology – Spring 2021**

**53 credits**

**Name** Click or tap here to enter text.

**Advisor Name** Click or tap here to enter text.

**Date** Click or tap to enter a date.

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| **Core Courses** Courses are not available every term. Courses are listed in the preferred sequence of completion. |
| **Recommended Quarter** | **Course #** | **Course Name** | **Credits** | **Quarter Course****Typically Offered** | **Quarter****Planned/Completed** |
| 1 | COUN6101 | Ethics and Professional Identity *(K1)*  | 4 | FA/W/SP/SU | **/** |
| 1 | COUN6550 | Sport Psychology *(K2)* | 4 | FA/W/SP/SU | **/** |
| 1-2 | COUN6120 | Research Methods & Program Evaluation *(K6)*  | 4 | FA/W/SU | **/** |
| 1-3 | COUN6110 | Personality & Counseling Theories *(K5)* | 4 | W/SU | **/** |
| 2-3 | COUN6210 | Psychology of Performance Excellence  | 4 | FA/W/SP | **/** |
| 2-3 | COUN6215 | Applied Sport Psychology *(K2)* **Prerequisite:** COUN6101,COUN6550 | 4 | FA/W/SP | **/** |
| 2-3 | COUN6155 | Sport in Society (*K3 partial)* | 4 | FA/SP | **/** |
| 3-4 | COUN6225 | Applied Motor Learning *(K3)* | 4 | W/SU | **/** |
| 3-4 | COUN6230 | Psych Prep & Mental Skills Training *(K2)* **Prerequisites:**  COUN6101, COUN6550, COUN6215 | 4 | FA/W/SP/SU | **/** |
| **Total Core** | **36** | **Quarter****Planned/Completed** |
| **Electives: recommended towards CMPC include COUN 6115 (K7), COUN6150 (K8), MSE6500 (K3), MSE 6220 (K3), COUN6145 (K4)** |
| 4-5 |  | Elective Option *(See list below.)*  | 4 | **/** |
| 4-5 |  | Elective Option *(See list below.)* | 4 | **/** |
| 5-6 |  | Elective Option *(See list below.)* | 4 | **/** |
| 5-6 |  | Elective Option *(See list below.)*  | 4 | **/** |
| **Total Elective** | **16** |  |
| 7 | SPP6570 | Capstone Project  | **2** | FA/W/SP/SU | **/** |
| **Total Capstone** | **2** |  |
|  |
| **Total for Program** | **54** |  |
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| **Elective Courses** |
| **Course #** | **Course Name** | **Credits** | **Quarter Course****Typically Offered** |
| COUN6115 | Human Growth & Development *(K7)* | 4 | FA/SP |
| COUN6145 | Psychopathology & Appraisal *(K4)*  | 4 | FA/SP |
| COUN6150 | Multicultural Counseling & Advocacy *(K8)*  | 4 | FA/W/SP/SU |
| MSE6500 | Exercise Physiology *(K3)*  | 4 | W/SU |
| MSE6220 | Biomechanics *(K3)* | 4 | FA/SP |
| COUN6240 | Applied Health Behavior Theory  | 4 | SU |
| COUN6530 | Sports Nutrition | 4 | FA/SP |
| COUN6245 | Athletic Nutrition Planning and Supplements | 4 | W/SU |
| LEAD6335 | Positive Coaching  | 4 | W/SU |
| LEAD6340 | Communication in Leadership Positions  | 4 | FA/SP |
| LEAD6520 | Leadership and Administration in Athletics | 4 | W/SU |
| LEAD6345 | Positive Leadership in Business | 4 | FA/SP |
| SPP6650 | Psychology of Performing Arts | 4 | SU |
| COUN6250 | Directed Study in Sport & Performance Psychology | 1-4 | FA/SP |
| COUN6255 | Field Problems in Sport & Performance Psychology | 1-4 | W/SU |
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See next page for Positive Coaching Concentration elective requirements.

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| **POSITIVE COACHING CONCENTRATION**Students who are pursuing this concentration must take the following courses as three of the elective choices.  |

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| **Recommended Quarter** | **Course #** | **Course Name** | **Credit** | **Quarter Course****Typically Offered** |
| 5-6 | LEAD6335 | Positive Coaching  | 4 | W/SU |
| 5-6 | LEAD6340 | Communication in Leadership Positions  | 4 | FA/SP |
| 6-7 | LEAD6350 | Positive Leadership in Sport **Prerequisites:** LEAD6335 | 4 | W/SU |
|  |  | **Totals**  | **12** |  |