**UWS EDD Individual Studies – Spring 2021**

**Minimum of 86 credits**

**Name** Click or tap here to enter text.

**Advisor Name** Click or tap here to enter text.

**Date** Click or tap to enter a date.

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| **Core Courses** * If student completed UWS MS SPP degree they will have completed 24 of the 42 Credit Core within the doctorate and will not retake the core courses already completed in the masters.
* Courses are not available every term. Courses are listed in the preferred sequence for completion.
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| **Recommended Quarter** | **Course #** | **Course Name** | **Credit** | **Quarter Course****Typically Offered** | **Quarter Planned/Completed** |
| 1 | SPP8115 | Scholarly Writing Methods and Practices  | 2 | FA/W/SP/SU | **/** |
| 1 | COUN8101 | Ethics & Professional Identity *(K1)* | 4 | FA/W/SP/SU | **/** |
| 1-2 | COUN7205 | Sport Psychology *(K2)* | 4 | FA/W/SP/SU | **/** |
| 1-2 | COUN8120 | Research Methods & Program Evaluation *(K6)* | 4 | FA/W/SU | **/** |
| 1-2 | COUN7430 | Counseling Methods and Practices *(K5)* | 4 | FA/SP/SU | **/** |
| 2-3 | COUN7415 | Applied Sport Psychology *(K2)* **Prerequisites:** COUN8101, COUN7205 | 4 | FA/W/SP | **/** |
| 2-3 | COUN8125 | Statistics for Clinicians and Advanced Research Methods | 4 | FA/SP | **/** |
| 3-4 | COUN7445 | Psychological Preparation and Mental Skills Training *(K2)* **Prerequisites**: COUN8101, COUN7205, COUN7415 | 4 | FA/W/SP/SU | **/** |
| 2-4 | COUN7410 | Psychology of Performance Excellence  | 4 | FA/W/SP | **/** |
| 4-5 | COUN7511 | Group, Team and Organizational Dynamics  | 4 | W/SU | **/** |
| 4-5 | COUN8522 | Sport and Performance Psychology Interventions **Prerequisites:** COUN7205, COUN7415, COUN7445 | 4 | FA/W/SP/SU | **/** |
|  | **Total Core** | **42** |  |
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| **Individual Studies Concentration*** The EdD in SPP requires students to take 28 quarter-credits of elective coursework within the doctoral program.
* In order to register for the SPP Mentorship series, students must complete K3-K8 CMPC requirements within the elective credits.The required electives include COUN8115 or COUN8400, COUN8145, COUN8150, and COUN 7440 to meet CMPC knowledge domains.

\*If you previously completed any of the courses below in the UWS MS SPP program, you must replace those with a different elective.  |
| **Course #** | **Course Name** | **Credits** | **Quarter Planned/Completed** |
|  | Elective *(See list below*.) | 4 | **/** |
|  | Elective *(See list below.)*  | 4 | **/** |
|  | Elective *(See list below.)*  | 4 | **/** |
|  | Elective *(See list below.)*  | 4 | **/** |
|  | Elective *(See list below.)* | 4 | **/** |
|  | Elective *(See list below.)* | 4 | **/** |
|  | Elective *(See list below.)* | 4 | **/** |
| **Total Elective** | **28** |  |
|  | Culminating Experience *(See list below.)* | 4 | **/** |
|  | Culminating Experience *(See list below.)* | 4 | **/** |
|  | Culminating Experience *(See list below.)* | 4 | **/** |
|  | Culminating Experience *(See list below.)* | 4 | **/** |
| **Minimum Total Culminating Experience** | **16** |  |
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| **Minimum Total for Program** | **86** |  |
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| **Individual Studies Elective List*** The EdD in SPP requires students to take 28 quarter-credits of elective coursework within the doctoral program. For those that desire to enroll in mentorship, the recommended electives include COUN8115 or COUN8400, COUN8145, COUN8150, and COUN 7440 to meet CMPC knowledge domains.
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| **Course #** | **Course Name** | **Credits** | **Quarter Course Typically Offered** |
| COUN7440 | Applied Motor Learning *(K3 partial)* | 4 | W/SU |
| COUN8115 | Human Growth & Development (*K7*) | 4 | FA/SP |
| COUN8400 | Psychopharmacology *(K7)* | 4 | FA/SP |
| COUN8145 | Psychopathology & Appraisal *(K4 requirement)* | 4 | FA/SP |
| COUN8150 | Multicultural Counseling and Advocacy (*K8 requirement)* | 4 | FA/W/SP/SU |
| MSE8500 | Exercise Physiology *(K3 partial)* | 4 | W/SU |
| SPP8150 | Psychophysiology & Biofeedback (*K3 partial)* | 4 | W/SU |
| COUN8155 | Sport in Society *(K3 partial)* | 4 | FA/SP |
| MSE8220 | Biomechanics *(K3 partial)* | 4 | FA/SP |
| COUN8135 | Career Counseling  | 4 | W/SU |
| COUN8140 | Addiction Counseling  | 4 | FA/SP |
| COUN7210 | Applied Health Behavior Theory  | 4 | SU |
| MSE8530 | Sports Nutrition | 4 | FA/SP |
| COUN7245 | Athletic Nutrition Planning and Supplements | 4 | W/SU |
| LEAD7140 | Positive Coaching  | 4 | W/SU |
| LEAD7330 | Leadership and Administration in Athletics | 4 | W/SU |
| LEAD8310 | Communication in Leadership Positions  | 4 | FA/SP |
| LEAD8450 | Positive Leadership in Business | 4 | FA/SP |
| LEAD8485 | Positive Leadership in Sport **Prerequisite:** LEAD7140 | 4 | W/SU |
| MSN7201 | Fund. of Mind-Body Medicine & Psych of Well Being  | 2 | SU |
| SPP8650 | Psychology of Performing Arts | 4 | SU |
| COUN8440 | Directed Study in Sport & Performance Psychology *(requires permission)* | 1-4 | FA/SP |
| COUN8445 | Field Problems in Sport & Performance Psychology *(requires permission)* | 1-4 | W/SU |
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| **Individual Studies Culminating Experience Options** * Select either Mentorship or Dissertation– **Students must be approved for each option. Students can re-take each course if needed until completion. By filling out this planner you are not guaranteed acceptance into this option at the end of the program. Each section must be completed in order.**
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|  | **Quarter Course Typically Offered** |
|  **Mentorship Option - Must be approved by program director**  |
| COUN8755 | Mentorship 1 - Sport and Performance Psychology (requires approval) | 4 | FA/W/SP/SU |
| COUN8756 | Mentorship 2 - Sport and Performance Psychology (requires approval) | 4 | FA/W/SP/SU |
| COUN8757 | Mentorship 3 - Sport and Performance Psychology (requires approval) | 4 | FA/W/SP/SU |
| COUN8758 | Mentorship 4 - Sport and Performance Psychology (requires approval) | 4 | FA/W/SP/SU |
| COUN8759 | Mentorship 5 – Sport and Performance Psychology (requires approval) | 1-4 | FA/W/SP/SU |
|  | **Minimum of 16**  |  |
| **Dissertation Option - Must be approved by program director**  |
| COUN8760 | Dissertation Research I (requires approval) | 4 | FA/W/SP/SU |
| COUN8761 | Dissertation Research II | 4 | FA/W/SP/SU |
| COUN8762 | Dissertation Research III | 4 | FA/W/SP/SU |
| COUN8763 | Dissertation Research IV | 4 | FA/W/SP/SU |
| COUN8764 | Dissertation Research V-a, b, c, d | 4 | FA/W/SP/SU |
| COUN8765 | Dissertation Research VI a, b, c, d, etc.  | 1 | FA/W/SP/SU |
|  | **Minimum of 16** |  |
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| **Total Required for SPP Individual Studies** |
|  | **Core** | **42** |  |  |
|  | **Electives**  | **28** |  |  |
|  | **Culminating Experience** | **16-36** | **Minimum of 16**  |  |
|  | **Minimum Total for Program** | **86** |  |