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| **Bookstore and Library Comments:**  Many titles available in either print or electronically from the W. A. Budden Library <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/search?vid=UWS&sortby=rank>  Information on how to borrow print copies of textbooks from the library <http://researchguides.uws.edu/distance/distanceborrowing> | | | | | |
| **Course Number and Name** | | **ISBN** | | **Required** | **Instructor/Notes** |
| **SPP 8115 Scholarly Writing Methods and Practices (EdD Only)** | | | | | **Dr. Daniel Weigand** |
| American Psychological Association. | (2009). *Publication manual of the American Psychological Association* (6th ed.). Washington, D.C.: American Psychological Association. | 978-1433805615  1433950618 | | Yes | Print in Library |
| Terrell, S. R. | (2016). *Writing a proposal for a dissertation: Guideline and examples*. New York, NY: Guilford. | 978-1462523023 | | Recommend | ebook in UWS Library  <https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=1078913&site=ehost-live&ebv=EB&ppid=pp_Cover> |
| Creswell. J.W. | *(2018). Research design: qualitative, quantitative, and mixed methods approaches* | 9781506286706 | | Recommend | Provided in course |
| **COUN 6101/8101 Ethics and Professional Identity** | | | | | **Dr. Tamara Harris** |
| Welfel, E. | (2016). *Ethics in counseling and psychotherapy: Standards, research, and emerging*  *issues.* (6th Ed.). Boston, MA: Cengage. | 978-1305089723 | | Yes | Print in Library |
| **COUN 6550/7205 Sport Psychology** | | | | | **Dr. Bridget Smith** |
| Williams, J. M.  & Krane, V | (2015). *Applied sport psychology: Personal growth to peak performance* (7th ed.). New York, NY: McGraw Hill. | 9780078022708 | | Yes | Print in Library |
| Rollnick, S., Miller, W. R., & Butler, C. C. | (2008). *Motivational interviewing in healthcare: Helping patients change behavior.* New York, NY: The Guilford Press. | 9781593856120 | | Yes | **E-book in library**  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=NCNM217336580001862&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Vernacchia, R.A. | (2003). *Inner strength: The mental dynamics of athletic performance.* Palo Alto, CA: Warde Publishers, Inc. | 1886346089 | | Yes | provided |
| Leonard, G | (1992). *Mastery: The keys to success and long-term fulfillment.* New York, NY: Plume. | 452267560 | | No | E-book in library  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS2110059870001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **COUN 6120/8120 Research Methods and Program Evaluation** | | | | | **Dr. Feisthamel** |
| Sheperis, C. J., Young, J. S., & Daniels, H. M. | (2017). *Counseling research: Quantitative, qualitative, and mixed methods*. (2nd ed.). NY: Pearson | 978-0134442549 | | Yes | Print in Library |
| Terrell, S. R. | (2016). *Writing your proposal for a dissertation: Guideline and examples*. New York: Guilford. | 978-1462523023 | | Yes | Unlimited access to e-book:  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS2114849760001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
|  | National Institute of Health “New to PHRP” course  ($39.99): <https://phrp.nihtraining.com/users/login.php> | N/A | | Yes |  |
| **COUN 8120 Statistics for Clinicians and Advanced Research Methods** | | | | | **Dr. Sarah Carter** |
| Field, A. | (2018). *Discovering statistics using IMB SPSS statistics*(5th ed.) North American Edition*.*Thousand Oaks, C.A.: Sage Publications. |  | | Yes | Print in Library |
| Software | Statistical Package for the Social Sciences (SPSS) v. 25 |  | | Yes | <https://studentdiscounts.com/ibmspssstatisticsgradpack25basedownload-winmac-6mnth.aspx> |
| **COUN 6230/7445 Psychological Preparation and Mental Skills Training** | | | | | **Dr. Vincent Lodato** |
| Orlick, T. | (2016). *In Pursuit of excellence: How to win in sport and life through mental training* (5th ed.). Champaign, IL: Human Kinetics. | 978-1-4504-9650-6 | | Yes | Unlimited access to e-book:  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5110489910001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Weinberg, R. S. & Gould, D. | (2015). *Foundations of sport & exercise psychology* (6th ed.). Champaign, IL: Human Kinetics. | 978-145046981-4 | | Yes | Print in Library |
| Williams, J.W. & Krane, V. | (2013). Applied sport psychology: Personal growth to peak performance (7th Ed.). | 978-0078022708 | | Recommend | Print in Library |
| Jackson, S. A., & Csikszentmihayi, M. | (1999). *Flow in sports: The keys to optimal experiences and performances.* Champaign, IL: Human Kinetics | 978-0880118767 | | Recommend | Print in Library |
| Cass­­­tevens, D. & Mack, G. | (2001). *Mind Gym: An athlete’s guide to inner excellence*. New York, NY: McGraw Hill | 978-0-07-139597-7 | | Yes | Print in Library |
| Vermacchia, R.A. | (2003). *Inner strength: The dynamics of athletic performance* | 1886346089 | | Recommend | provided |
| **COUN 7511 Group, Team and Organizational Dynamics (EdD Only)** | | | | | **Dr. Robert Owens** |
| Eys, M. A., & Beauchamp, M. R., (Eds.). | (2014). *Group dynamics in exercise and sport psychology* (2nd ed.). New York, NY: Routledge. | 978-0415835763 | | Yes | Unlimited access to e-book:  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5112679490001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Wagstaff, C. R. D. | (2017). *The organizational psychology of sport: Key issues and practical applications*. New York, NY: Routledge. | 978-1138955196 | | Yes | E-Book in library: <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5114999650001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Lencioni, P. | (2002). *The five dysfunctions of a team: A leadership fable*. San Francisco, CA: Jossey-Bass. | 9780787960759 | | Recommend | Unlimited access to e-book:  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=OHSU2147239170001858&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **COUN 8522 Sport and Performance Psychology Interventions (EdD Only)** | | | | | **Dr. Stephen Walker** |
| Cotterill, S., Weston, N., & Breslin, G., (Eds.). | (2017). *Sport and exercise psychology: Practitioner case studies.* Malden, MA: Wiley-Blackwell. | 9781118686508 | | Yes | E-book in library  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=OHSU5163061730001858&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Orlick, T. | (2016). *In Pursuit of excellence: How to win in sport and life through mental training* (5th ed.). Champaign, IL: Human Kinetics. | 9781450496506 | | Recommend | Print in Library  E-book in Library  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5110489910001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| O'Sullivan, J. | (2014). *Changing the game.* New York, NY: Morgan James Publishing. | 9781614486466 | | Recommend | E-book in Library  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5110678690001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **COUN 7440 Applied Motor Learning** | | | | | **Dr. Wendell Otto** |
| Schmidt, R. A., & Lee, T.D. | (2013). *Motor learning and performance* (5th ed.) Champaign, IL: Human Kinetics | 978-1450443616 | | Yes | Print in Library |
| **COUN 6150/8150 Multicultural Counseling and Advocacy** | | | | | **Dr. Jacey Coy** |
| Sue, D. W., & Sue, D. | (2019). *Counseling the culturally diverse: Theory and practice*. (8th ed.). Hoboken, NJ: John Wiley & Sons. | 978-1119448242 | | Yes | Unlimited Access to e-book:  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5115879970001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **COUN 6135/8135 Career Counseling** | | | | | **Dr. Julie Lerwick** |
| Savickas. M. L. | (2018*). Career Counseling* (2nd ed.). Washington, DC: American Psychological Association. | 978-143382955-0 | Yes | | E-book in Library:  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5114850000001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **COUN 6150/8150 Multicultural Counseling and Advocacy** | | | | | **Dr. Jacey Coy** |
| Sue, D. W., & Sue, D. | (2019). *Counseling the culturally diverse: Theory and practice*. (8th ed.). Hoboken, NJ: John Wiley & Sons. | 978-1119448242 | | Yes | Unlimited Access to e-book:  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5115879970001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **COUN 6245/7425 Athletic Nutrition Planning and Supplements** | | | | | **Dr. Robert Davidson** |
| Smith-Ryan, A. E.; Antonio, J. | (2013). *Sports nutrition & performance enhancing supplements*. Ronkonkoma, NY, Linus Learning. | 978-1607973393 | | **Yes** | Print in Library |
| Antonio, J., Kalman, D., Stout, J. R., Greenwood, M., Willoughby, D. S., & Haff, G. G. | (2008). *Essentials of sports nutrition and supplements*. Totowa, NJ: Humana Press. | 9781588296115 | | **Yes** | Unlimited access to eBook:  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS215226790001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Bernadot,D | (2011). *Advanced sports nutrition* (2nd ed.). Champaign, IL: Human Kinetics. | 9781450401616 | | Recommended | E-book in Library:  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS215205010001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Kleiner, S. | (2014). *Power Eating* (4th ed.). Champaign, IL: Human Kinetics. | 9781450430173 | | Recommended | Unlimited access to eBook: <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS2112029320001864&context=L&vid=UWS&search_scope=uws_alma&isFrbr=true&tab=default_tab&lang=en_US> |
| Fitzgerald, M. | (2012). *Racing Weight: How to get lean for peak performance* (2nd ed.). Boulder, CO: VeloPress. | 9781937716288 | | Recommended | E-book in Library:  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5114999570001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **LEAD 6335/7140 Positive Coaching** | | | | | **Dr. Wendell Otto** |
| Janssen, J**.** | (2015). *How to build and sustain a championship culture*. Cary, NC: Winning the Mental Game. | 978-1892882691 | | Yes | Print in Library |
| Rosengren, D. B. | (2009). *Building motivational interviewing skills*: A practitioner workbook. New York, NY: Guilford Press. | 978-1606232996 | | Yes | Unlimited access to eBook:  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=OHSU5162499600001858&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Thompson, J. | (2003). *The double-goal coach: Positive coaching tools for honoring the game and developing winners in sports and life*. New York, NY: Harper Collins Publishers. | 978-0060505318 | | Yes | Print in Library |
| Wooden, J. R., & Jamison, S. | (1997). *Wooden: A lifetime of observations and reflections on and off the court.* London, UK: McGraw-Hill | 978-0809230419 | | Yes | Print in Library |
| **LEAD 6520/7330 Leadership and Administration in Athletics** | | | | | **Dr. Pamela Gray-Verhulrst** |
| Pedersen, P., & Thibault, L. | (2019). *Contemporary Sport Management* (6th Edition). Champaign, IL: Human Kinetics. | 978-1492550952 | | Yes | Print in Library |
| Fried, G. | (2015). *Managing Sport Facilities* (3rd Edition). Champaign, IL: Human Kinetics. | 978-1450468114 | | Recommend | Print in Library |
| Conrad, M. | (2017). *The Business of Sports: Off the Field, In the Office, On the News*, (3rd Edition). New York, NY: Routledge. | 978-1138913196 | |  | E-book in Library:  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5114999610001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **LEAD 6350/8485 Positive Leadership in Sport** | | | | | **Dr. Matthew Condie** |
| Beauchamp, M. R., & Eys, M. A. | (2007). *Group dynamics in exercise and sport psychology* (2nd ed.). New York, NY: Routledge. | 978-0415835763 | | Yes | Unlimited access to e-book:  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5112679490001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Cameron, K. | (2012). *Positive leadership strategies for extraordinary performance* (2nd ed.). San Francisco, CA: Berrett-Koehler Publishers, Inc. | 9781609945664 | | Yes | Unlimited access to e-book:  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS2114119950001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Cameron, K. | (2013). *Practicing positive leadership. Tools and techniques that create extraordinary results.* San Francisco, CA: Berrett-Koehler Publishers, Inc. | 9781609949730 | | Yes | Unlimited access to e-book:  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5113999530001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Fader, J. R | (2016). *Life as sport: What top athletes can teach you about how to win in life*. Boston. MA: Da Capo Press. | 9781478971412 | | Yes | Print in Library  Audio book in library:  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5114719990001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Henson, C., & Rossouw, P. | . (2013). *BrainWise leadership: Practical neuroscience to survive and thrive at work.* Sydney, Australia: Learning Quest. | 9780987576606 | | Recommended | Print in Library |
| **SPP 8150 Psychophysiology & Biofeedback** | | | | | **Dr. Russell Flaten** |
| Schwartz, M. S. & Andrasik, F. | (2017). *Biofeedback, A practitioner’s guide* (4th ed). New York, NY: The Guilford Press. | 9781462531943 | | Yes | Print in Library |
| Strack, B. W., Linden, M. K. , & Wilson, V. S. | (2011*). Biofeedback and neurofeedback applications in sport psychology*. Wheat Ridge, CO: Association for Applied Psychophysiology & Biofeedback. | 978-0984297917 | | Yes | **Print in Library** |
| **COUN 7570 Capstone Project - MS** | | | | **Dr. Conrad Woolsey** | |
| Aoyagi, M. W., Poczwardowski, A., & Shapiro, J. | (2017). The Peer Guide to Applied Sport Psychology for Consultants in Training. New York: Routledge. R | 9781138860308 | | Yes | **E-book in Library**  [**https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5113629970001864&context=L&vid=UWS&search\_scope=uws\_alma&tab=default\_tab&lang=en\_US**](https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5113629970001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US) |
| Rosengren, D. B. | (2018). Building Motivational Interviewing Skills, Second Edition: A Practitioner Workbook (Vol. Second edition). New York, NY: The Guilford Press. | 978-1462532063 | | **Yes** | **E-book in library**  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=NCNM217336580001862&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **COUN 8870 Practicum 1 – Sport and Performance Psychology (EdD Only)**  **COUN 8875 Practicum 2**  **COUN 8880 Practicum 3**  **COUN 8885 Practicum 4** | | | | **Dr. Russ Flaten**  **Dr. Vincent Lodato**  **Dr. Stephen Walker** | |
| Aoyagi,M., Poczwerdonski,A.,Shapiro, J.L. | *(2017). The Peer Guide to Applied Sport Psychology for Consultants in Training. Routledge* | 9781315404066 | | Yes | E-book in Library  <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5113629970001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Vernacchia, R. A., Cook, D., & McGuire, R. | (1996). *Coaching mental excellence: It does matter whether you win or lose.* Portola Valley, CA: Warde Publishers, Inc. | 978-1886346024 | | Recommend | Print in Library |
| Vernacchia, R.A. | (2003). *Inner strength: The mental dynamics of athletic performance.* Palo Alto, CA: Warde Publishers, Inc. | **1886346089** | | Recommend | Provided in course. |

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| **COUN8810 Dissertation Research I** | **Dr. Dan Weigand** |

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| American Psychological Association. | (2009). *Publication manual of the American Psychological Association* (6th ed.). Washington, D.C.: American Psychological Association. | 978-1433805615  1433950618 | Yes | Print in Library |
| Terrell, S. R. | (2016). *Writing a proposal for a dissertation: Guideline and examples*. New York, NY: Guilford. | 978-1462523023 | Recommend | E-book in Library  <https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=1078913&site=ehost-live&ebv=EB&ppid=pp_Cover> |
| Creswell, J.W. & Creswell. J. D. | (2018) Research design: qualitative, quantitative, and mixed methods approaches |  | Recommended | eBook provided in course |