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|  **Bookstore and Library Comments:** Many titles available in either print or electronically from the W. A. Budden Library <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/search?vid=UWS&sortby=rank> Information on how to borrow print copies of textbooks from the library <http://researchguides.uws.edu/distance/distanceborrowing> |
| **Course Number and Name** | **ISBN** | **Required** | **Instructor/Notes** |
| **SPP 8115 Scholarly Writing Methods and Practices (EdD Only)** | **Dr. Daniel Weigand** |
| American Psychological Association. | (2009). *Publication manual of the American Psychological Association* (6th ed.). Washington, D.C.: American Psychological Association. | 978-14338056151433950618 | Yes | Print copy available in Library |
| Terrell, S. R. | (2016). *Writing a proposal for a dissertation: Guideline and examples*. New York, NY: Guilford. | 978-1462523023 | Recommend | ebook in UWS Library<https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=1078913&site=ehost-live&ebv=EB&ppid=pp_Cover>  |
| Creswell. J.W. | *(2018). Research design: qualitative, quantitative, and mixed methods approaches* | 9781506286706 | Recommend | Provided in course |
| **COUN 6101/8101 Ethics and Professional Identity** | **Dr. Jacey Coy** |
| Welfel, E. | (2016). *Ethics in counseling and psychotherapy: Standards, research, and emerging* *issues.* (6th Ed.). Boston, MA: Cengage. | 978-1305089723 | Yes | Print in Library |
| **COUN 6550/7205 Sport Psychology** | **Dr. Bridget Smith** |
| Williams, J. M. & Krane, V | (2015). *Applied sport psychology: Personal growth to peak performance* (7th ed.). New York, NY: McGraw Hill.  | 9780078022708 | Yes | Print in Library |
| Rollnick, S., Miller, W. R., & Butler, C. C. | (2008). *Motivational interviewing in healthcare: Helping patients change behavior.* New York, NY: The Guilford Press.  | 9781593856120 | Yes | **E-book in library**<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=NCNM217336580001862&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Vernacchia, R.A. | (2003). *Inner strength: The mental dynamics of athletic performance.* Palo Alto, CA: Warde Publishers, Inc. | 1886346089 | Yes | provided |
| Leonard, G | (1992). *Mastery: The keys to success and long-term fulfillment.* New York, NY: Plume. | 452267560 | No | E-book in library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS2110059870001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **COUN 7430 Counseling Methods and Practices (EdD-SPP Only)** | **Dr. Feisthamel** |
| Kottler, J. A., & Shepard, D. S. | (2014). *Introduction to counseling: Voices from the field.* (8th ed.). Belmont, CA: Brooks Cole.  | 978-1285084763 | Yes | Print in Library |
| **COUN 6215/7415 Applied Sport Psychology** | **Dr. Wendell Otto** |
| Prochaska, J. O., & Norcross, J. C. | (2012). *Expert approaches to sport psychology*. Morgantown, WV: Fitness Information Technology. Order from publisher only for best price.  | 978-1935412366 | Yes | $47 at: <http://fitpublishing.com/content/expert-approaches-sport-psychology> |
| American Psychological Association | (2008). *Sport psychology for coaches.* Champaign, IL: Human Kinetics. | 9780736039864 | Yes | Print in library |
| Cotterill, S., Weston, N., & Breslin, G., (Eds.). | (2017). *Sport and exercise psychology: Practitioner case studies.* Malden, MA: Wiley-Blackwell.  | 9781118686508 | Yes | E-book in library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=OHSU5163061730001858&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Vernacchia, R. A., Cook, D., & McGuire, R.  | (1996). *Coaching mental excellence: It does matter whether you win or lose.* Portola Valley, CA: Warde Publishers, Inc.  | 978-1886346024 | Recommend | Print in Library |
| Vernacchia, R.A. | (2003). *Inner strength: The mental dynamics of athletic performance.* Palo Alto, CA: Warde Publishers, Inc. | 1886346089 | Yes | provided |
| **COUN 6230/7445 Psychological Preparation and Mental Skills Training** | **Dr. Vincent Lodato** |
| Orlick, T. | (2016). *In Pursuit of excellence: How to win in sport and life through mental training* (5th ed.). Champaign, IL: Human Kinetics. | 978-1-4504-9650-6 | Yes | ebook in UWS Library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5110489910001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Weinberg, R. S. & Gould, D. | (2015). *Foundations of sport & exercise psychology* (6th ed.). Champaign, IL: Human Kinetics. | 978-145046981-4 | Yes |
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| Jackson, S. A., & Csikszentmihayi, M. | (1999). *Flow in sports: The keys to optimal experiences and performances.* Champaign, IL: Human Kinetics | 978-0880118767 | Recommend | Print in Library |
| Cass­­­tevens, D. & Mack, G. | (2001). *Mind Gym: An athlete’s guide to inner excellence*. New York, NY: McGraw Hill | 978-0-07-139597-7 | Yes | Print in Library |
| Vermacchia, R.A. | (2003). *Inner strength: The dynamics of athletic performance* | 1886346089 | Recommend | provided |
| Williams, J.W. & Krane, V. | (2013). Applied sport psychology: Personal growth to peak performance (7th Ed.). | 978-0078022708 | Recommend | Print in Library |
| **COUN 6210/7410 Psychology of Performance Excellence** | **Dr. Wendell Otto** |
| Orlick, T. | 2016). *In Pursuit of excellence: How to win in sport and life through mental training* (5th ed.). Champaign, IL: Human Kinetics. | 9781450496506 | yes | Print in LibraryE-book in Library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5110489910001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Biswas-Diener, R | (2010). *Practicing positive psychology coaching: Assessment, activities and strategies for success.* Hoboken, NJ: Wiley. | 9780470536766 | Yes | E-book in Library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS2110059900001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **COUN 8522 Sport and Performance Psychology Interventions (EdD Only)** | **Dr. Stephen Walker** |
| Cotterill, S., Weston, N., & Breslin, G., (Eds.). | (2017). *Sport and exercise psychology: Practitioner case studies.* Malden, MA: Wiley-Blackwell.  | 9781118686508 | Yes | E-book in library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=OHSU5163061730001858&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Orlick, T. | (2016). *In Pursuit of excellence: How to win in sport and life through mental training* (5th ed.). Champaign, IL: Human Kinetics. | 9781450496506 | Recommend | Print in LibraryE-book in Library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5110489910001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| O'Sullivan, J. | (2014). *Changing the game.* New York, NY: Morgan James Publishing.  | 9781614486466  | Recommend | **E-book in Library**[**https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5110678690001864&context=L&vid=UWS&search\_scope=uws\_alma&tab=default\_tab&lang=en\_US**](https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5110678690001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US) |
| **COUN 6115/8115 Human Growth and Development**  | **Dr. Tamara Harris** |
| Berger, K. S. | (2017). *The developing person through the lifespan*. (10th ed.). New York: Worth. | 978-1464175954 | Yes | Print in Library |
| Siegel, D. | (2015). *The developing mind: How relationships and the brain interact to shape who we* *are.* (2nd ed.). New York: Guilford. |  9781462503902 | Yes | Print in LibraryE-book in Library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS215319920001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **COUN 6145/8145 Psychopathology and Appraisal** | **Dr. Shon Smith** |
| Comer, R. | (2015). *Abnormal psychology*. (9th ed.). NY: Worth. | 978-1464171703 | Yes | Print in library |
| Gorenstein, E., & Comer, R. | (2014). *Case studies in abnormal psychology*. (2nd ed.). NY: Worth. | 978-0716772736 | Yes | Print in library |
| **MSE 6500/8500 Exercise Physiology** | **Dr. Chris Connolly** |
| Powers, S., & Howley, E. | 2015). *Exercise physiology: Theory and application to fitness and performance* (9th ed.). New York, NY: McGraw Hill Education. | 73523534 9780073523538 | Yes | Print in Library |
| **COUN 6155/8155 Sport in Society** | **Dr. Rob Owens** |
| Coakley, J. | (2016). *Sports in society: Issues and controversies* (12th ed.). New York, NY: McGraw Hill Education.  | 978-0073523545 | Yes | Print in Library |
| Sage, G.H., Eitzen, S.D., & Beal, B. | (2018). *Sociology of north American sport* (11th ed.). Oxford University Press.  | 978-0190854102 | No | Print in Library |
| Eitzen, S. | (2016). *Fair and foul: Beyond the myths and paradoxes of sport* (6th ed.). Lanham, MD: Rowman & Littlefield.  | 978-1442248434 | No | Print in LibraryE-book in Library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5114489990001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **MSE 6220/8220 Biomechanics** | **Dr. Tiffany Reiss** |
| Hamill, J., Knutzen, K., & Derrick, T.  | (2015). *Biomechanical basis of human movement* (4th ed.). Philadelphia, PA: Wolters Kluwer.  | 9781451177305 | Yes | Print in Library |
| **COUN 8140 Addiction Counseling (EdD Only)** | **Dr. Devlin** |
| Inaba, D. S., & Cohen, W. E. | (2014). *Uppers, downers, all arounders* (8th ed.). Medford, OR: CNS Productions, Inc.  | 978-0926544390 | Yes | Print in Library |
| Kelly, V. A. | (2016). *Addiction in the family: What every counselor needs to know.* Alexandria, VA: American Counseling Association.  | 978-1556203343 | Yes | Print in LibraryE-book in Library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5115490000001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **COUN 6240/7210 Applied Health Behavior Theory** | **Dr. Jeff Housman** |
| National Cancer Institute. | (2012). *Theory at a glance: a guide for health promotion practice* (2nd ed.). NIH Publication No. 05-3896. | Open access; download at: <http://www.sbccimplementationkits.org/demandrmnch/wp-content/uploads/2014/02/Theory-at-a-Glance-A-Guide-For-Health-Promotion-Practice.pdf> | Yes |  |
| Hawk, C., & Evans, W., Eds. | (2013). *Health promotion and wellness: An evidence-based guide to clinical preventive services.* Philadelphia, PA: Lippincott Williams & Wilkins.  | 978-1451120233 | No | E-book in Library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS215190530001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Simons-Morton, B., McLeroy, K.R., & Wendel, M. L.  | (2012). *Behavior theory in health promotion practice and research.* Burlington, MA: Jones & Bartlett Learning.  | 978-0763786793 | No | Print in Library |
| **COUN 6530/8530 Sports Nutrition** | **Dr. Robert Davidson** |
| Smith-Ryan, A. E., & Antonio, J. | 2013). *Sports nutrition & performance enhancing supplements.* Ronkonkoma, NY: Linus Learning | 978-1-60797-339-3. | Yes | Print in Library |
| **LEAD 6340/8310 Communication in Leadership Positions** | **Dr. Matthew Condie** |
| Gielan, M. | (2015). *Broadcasting happiness: The science of igniting and sustaining positive change.* Dallas, TX: BenBella Books, Inc. | 978-1469002965For CD978-194163100 ebook | Yes | Print in LibraryCD in LibraryE-book in Library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5114489950001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Henson, C., & Rossouw, P. | (2013). *BrainWise leadership: Practical neuroscience to survive and thrive at work.* Sydney, Australia: Learning Quest.  | 9780987576606 | Yes | Print in Library |
| Rosengren, D. B. | (2017). *Building motivational interviewing skills*: A practitioner workbook (2nd ed.). New York, NY: The Guilford Press.  | 9781462532063 | Yes | Print in LibraryE-book in Library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS2112469890001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **LEAD 6345/8450 Positive Leadership in Business** | **Dr. Russ Flaten** |
| Snyder, C. R., Lopez, S. J., & Teramoto Pedrotti, J. | (2011). *Positive psychology: The scientific and practical explorations of human strengths* (2nd ed.). Thousand Oaks, CA: Sage Publications, Inc.  | 978-1412990622 | Yes | **Print in Library** |
| Lewis, S. | (2011). *Positive psychology at work: How positive leadership and appreciative inquiry create inspiring organizations.* Oxford, UK: Wiley-Blackwell.  | 978-0-470-68320-0 | Yes | Print in LibraryE-book in Library[**https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=OHSU5137774770001858&context=L&vid=UWS&search\_scope=uws\_alma&tab=default\_tab&lang=en\_US**](https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=OHSU5137774770001858&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US) |
| Lewis, S. | (2016). *Positive psychology and change: How leadership, collaboration, and appreciative inquiry create transformational results.* Oxford, UK: Wiley-Blackwell.  | 978-1-118-78884-4 | Yes | **Print in Library****E-book in Library**[**https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5111269940001864&context=L&vid=UWS&search\_scope=uws\_alma&tab=default\_tab&lang=en\_US**](https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5111269940001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US) |
| **COUN 8750 Capstone Project - MS** | **Dr. Conrad Woolsey** |
| Vernacchia, R. A., Cook, D., & McGuire, R. | (1996). *Coaching mental excellence: It does matter whether you win or lose.* Portola Valley, CA: Warde Publishers, Inc.  | 978-1886346024 | Recommend | **Print in Library** |
| Vernacchia, R.A | (2003). *Inner strength: The mental dynamics of athletic performance.* Palo Alto, CA: Warde Publishers, Inc. | **1886346089** | Recommend | Provided in course.  |
| **COUN 8870 Practicum 1 – Sport and Performance Psychology (EdD Only)****COUN 8875 Practicum 2****COUN 8880 Practicum 3****COUN 8885 Practicum 4** | **Dr. Russ Flaten****Dr. Vincent Lodato****Dr. Stephen Walker** |
| Aoyagi,M., Poczwerdonski,A.,Shapiro, J.L. | *(2017). The Peer Guide to Applied Sport Psychology for Consultants in Training. Routledge* | 9781315404066 | Yes | **E-book in Library**[**https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5113629970001864&context=L&vid=UWS&search\_scope=uws\_alma&tab=default\_tab&lang=en\_US**](https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5113629970001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US) |
| Vernacchia, R. A., Cook, D., & McGuire, R.  | (1996). *Coaching mental excellence: It does matter whether you win or lose.* Portola Valley, CA: Warde Publishers, Inc.  | 978-1886346024 | Recommend | Print in Library |
| Vernacchia, R.A. | (2003). *Inner strength: The mental dynamics of athletic performance.* Palo Alto, CA: Warde Publishers, Inc. | **1886346089** | Recommend | Provided in course.  |

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| **COUN8810 Dissertation Research I** | **Dr. Dan Weigand** |

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| American Psychological Association. | (2009). *Publication manual of the American Psychological Association* (6th ed.). Washington, D.C.: American Psychological Association. | 978-14338056151433950618 | Yes | Print in Library |
| Terrell, S. R. | (2016). *Writing a proposal for a dissertation: Guideline and examples*. New York, NY: Guilford. | 978-1462523023 | Recommend | E-book in Library<https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=1078913&site=ehost-live&ebv=EB&ppid=pp_Cover>  |
| Creswell, J.W. & Creswell. J. D.  | (2018) Research design : qualitative, quantitative, and mixed methods approaches |  | Recommended | Ebook provided in course |