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| **Bookstore and Library Comments:** Many titles available in either print or electronically from the W. A. Budden Library <https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/search?vid=UWS&sortby=rank>  |
| **Course Number and Name** | **ISBN** | **Required** | **Instructor/Notes** |
| **SPP 8115 Scholarly Writing Methods and Practices** | **Weigand** |
| American Psychological Association. | (2009). *Publication manual of the American Psychological Association* (6th ed.). Washington, D.C.: American Psychological Association. | 978-14338056151433950618 | Yes |  |
| Terrell, S. R. | (2016). *Writing a proposal for a dissertation: Guideline and examples*. New York, NY: Guilford. | 978-1462523023 | Recommend | ebook in UWS Library<https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=1078913&site=ehost-live&ebv=EB&ppid=pp_Cover>  |
| **COUN 6120/8120** **Research Methods and Program Evaluation** | **Devlin** |
| Sheperis, C. J., Young, J. S., & Daniels, H. M. | (2017). *Counseling research: Quantitative, qualitative, and* *mixed methods* (2nd ed.). New York, NY: Pearson. | 978-0134442549 | Yes |  |
| Terrell, S. R. | (2016). *Writing your proposal for a dissertation: Guideline and examples*. New York, NY: Guilford. | 978-1462523023 | Yes | ebook in UWS Library<https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=1078913&site=ehost-live&ebv=EB&ppid=pp_Cover>  |
| NIH | Protecting Human Research Participants Online Training ($39.99). Sign up and complete the course.  | N/A | Yes | <https://phrp.nihtraining.com/users/login.php> |
| **COUN 6110 Personality and Counseling Theories** | **Feisthamel** |
| Prochaska, J. O., & Norcross, J. C. | (2018). *Systems of psychotherapy: A transtheoretical analysis* (9th ed.). New York, NY: Oxford University Press. | 978-0190880415 | Yes | ebook in UWS Library<https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=1701941&site=ehost-live&ebv=EB&ppid=pp_iv>  |
| American Psychological Association | (2009). *Publication manual of the American Psychological Association* (6th ed.). Washington, D.C.: American Psychological Association. | 978-14338056151433950618 | Yes |  |
| **COUN6225/7440 Applied Motor Learning** | **Reiss** |
| Schmidt, R. A., & Lee, T.D. | (2013). *Motor learning and performance* (5th ed.).Champaign, IL: Human Kinetics.  | 978-1450443616 | Yes |  |
| **COUN 6215/7415 Applied Sport Psychology** | **Otto** |
| Aoyagi, M., &Poczwardowski, A. | (2012). *Expert approaches to sport psychology*. Morgantown, WV: Fitness Information Technology. Order from publisher only for best price.  | 978-1935412366 | Yes | $47 at: <http://fitpublishing.com/content/expert-approaches-sport-psychology> |
| Burton, D. & Raedeke, T. D. | (2008). *Sport psychology for coaches.* Champaign, IL: Human Kinetics. | 9780736039864 | Yes |  |
| Cotterill, S., Weston, N., & Breslin, G., (Eds.). | (2017). *Sport and exercise psychology: Practitioner case studies.* Malden, MA: Wiley-Blackwell.  |  | Yes | ebook in UWS Library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=OHSU5163061730001858&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Vernacchia, R. A., Cook, D., & McGuire, R.  | (1996). *Coaching mental excellence: It does matter whether you win or lose.* Portola Valley, CA: Warde Publishers, Inc.  | 978-1886346024 | Recommend |  |
| Vernacchia, R.A. | (2003). *Inner strength: The mental dynamics of athletic performance.* Palo Alto, CA: Warde Publishers, Inc. | 1886346089 | Yes | Provided in course.  |
| **COUN 6230/7445 Psychological Preparation and Mental Skills Training** | **Lodato** |
| Weinberg, R. S. & Gould, D. | (2015). *Foundations of sport & exercise psychology* (6th ed.). Champaign, IL: Human Kinetics. | 978-145046981-4 | Yes |  |
| Orlick, T. | (2016). *In Pursuit of excellence: How to win in sport and life through mental training* (5th ed.). Champaign, IL: Human Kinetics. | 978-1-4504-9650-6 | Yes | ebook in UWS Library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5110489910001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Jackson, S. A., & Csikszentmihayi, M. | (1999). *Flow in sports: The keys to optimal experiences and performances.* Champaign, IL: Human Kinetics.  | 0-88011-876-8 | Yes |  |
| Mack, G. & Casstevens, D. | (2001). *Mind Gym: An athlete's guide to inner excellence.* New York, NY: McGraw Hill. | 978-0-07-139597-7 | Yes |  |
| **COUN7511 Group, Team and Organizational Dynamics** | **Owens** |
| Eys, M. A., & Beauchamp, M. R., (Eds.).  | (2014). *Group dynamics in exercise and sport psychology* (2nd ed.).New York, NY: Routledge. | 978-1-1344-7168-3 | Yes | ebook in UWS Library<https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=777628&site=ehost-live&ebv=EK&ppid=Page-__-1>  |
| Wagstaff, C. R. D. | (2017). *The organizational psychology of sport: Key issues and practical applications.* New York, NY: Routledge.  | 978-1-1389-5519-6 | Yes | Ebook in UWS library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5114999650001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Lencioni, P. | (2002). *The five dysfunctions of a team: A leadership fable*. San Francisco, CA: Jossey-Bass | 9780787960759 | Recommend |  |
| **COUN 8522 Sport and Performance Psychology Interventions** | **Walker** |
| Cotterill, S., Weston, N., & Breslin, G., (Eds.). | (2017). *Sport and exercise psychology: Practitioner case studies.* Malden, MA: Wiley-Blackwell.  |  | Yes | ebook in UWS Library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=OHSU5163061730001858&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Orlick, T. | (2016). *In Pursuit of excellence: How to win in sport and life through mental training* (5th ed.). Champaign, IL: Human Kinetics. | 9781450496506 | Recommend | ebook in UWS Library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5110489910001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| O'Sullivan, J. | (2014). *Changing the game.* New York, NY: Morgan James Publishing.  | 9781614486466  | Recommend | e-book in UWS library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5110678690001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **LEAD 6520/7330 Leadership and Administration in Athletics** | **Gray-Verhulst** |
| Pedersen, P., & Thibault, L., Eds.  | (2019). *Contemporary sport management* (6th ed.). Champaign, IL: Human Kinetics. | Print 978-1492550952Ebook978-1492550969 | Yes |   |
| Conrad, M. | (2017). *The business of sports*: *Off the field, in the office, on the news* (3rd ed.). New York, NY: Routledge. | Print 9781138913196Ebook9781317430520 | Recommend | e-book in UWS library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5114999610001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Fried, G. | (2015). *Managing sport facilities* (3rd ed.). Champaign, IL: Human Kinetics. | 9781450468114 | Recommend |  |
| **LEAD 6335/7140 Positive Coaching** | **Owens** |
| Janssen, J. | (2015). *How to build and sustain a championship culture.* Cary, NC: Winning the mental game.  | 9781892882691 | Yes |  |
| Rosengren, D. B. | (2018). *Building motivational interviewing skills: A practitioner workbook* (2nd ed.). New York, NY: Guilford Press. | 9781462532063 | Yes | ebook in UWS library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=OHSU5162499600001858&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Thompson, J. | (2003). *The double-goal coach: Positive coaching tools for honoring the game and developing winners in sports and life.* New York, NY: Harper Collins Publishers. | 9780060505318 | Yes |  |
| Wooden, J. R., & Jamison, S. | (1997). *Wooden: A lifetime of observations and reflections on and off the court.* London, UK: McGraw-Hill | 978-0809230419 | Yes |   |
| Coyle, D. | (2009). *The talent code: Greatness isn't born, it's grown, here's how.* New York, NY: Random House LLC. | 978-0553806847 | Recommend | ebook in UWS library<https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=745722&site=ehost-live&ebv=EK&ppid=Page-__-1>  |
| Dweck, C. S | (2006). *Mindset: The new psychology of success*. New York, NY: Random House. | 978-1400062751 | Recommend | Ebook in UWS library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS218289560001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Lencioni, P. | (2002). *The five dysfunctions of a team: A leadership fable*. San Francisco, CA: Jossey-Bass | 9780787960759 | Recommend | Ebook in UWS library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=OHSU2147239170001858&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Sinek, S. | (2011). *Start with why: How great leaders inspire everyone to take action.* New York, NY: Penguin Group. | 978-1591842804 | Recommend | ebook in UWS library<https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=1121477&site=ehost-live&ebv=EK&ppid=Page-__-1>  |
| **LEAD 6350/8485 Positive Leadership in Sport** | **Condie**  |
| Beauchamp, M. R., & Eys, M. A.  | *(2007). Group dynamics in exercise and sport psychology* (2nd ed.).New York, NY: Routledge | 9781134471683 | Yes | ebook in UWS library<https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=777628&site=ehost-live&ebv=EK&ppid=Page-__-1>  |
| Cameron, K.  | *(2012). Positive leadership strategies for extraordinary performance* (2nd ed.). San Francisco, CA: Berrett-Koehler Publishers, Inc.  | Print 978-1-60994-566-4 PDF e-book 978-1-60994-567-1 IDPF e-book 978-1-60994-568-8 | Yes | ebook in UWS library<https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=466635&site=ehost-live&ebv=EB&ppid=pp_Cover>  |
| Cameron, K.  | (2013). *Practicing positive leadership. Tools and techniques that create extraordinary results.* San Francisco, CA: Berrett-Koehler Publishers, Inc.  | Print 978-1-60994-972-3 PDF e-book 978-1-60994-973-0 IDPF e-book 978-1-60994-974-7 | Yes | ebook in UWS library<https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=581863&site=ehost-live&ebv=EB&ppid=pp_Cover>  |
| Fader, J. R.  | (2016). *Life as sport: What top athletes can teach you about how to win in life.* Boston, MA: Da Capo Press. | 978-0738218953 | Yes |  |
| Henson, C., & Rossouw, P. | (2013). *BrainWise leadership: Practical neuroscience to survive and thrive at work*. Sydney, Australia: Learning Quest. | 9780987576606  | Recommend |  |
| Sinek, S.  | (2014). *Leaders eat last: Why some teams pull together and some don’t.* New York, NY: Penguin. | 9781591848011 | Recommend | ebook in UWS library<https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=1130099&site=ehost-live&ebv=EK&ppid=Page-__-1>  |
| Smith, P.  | *Lead with a story - A guide to crafting business narratives that captivate, convince and inspire.* New York, NY: Amacom.  | 098757660 | Recommend | Ebook in UWS library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS2114119760001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **COUN 6245/7245 Athletic Nutrition Planning and Supplements** | **Davidson** |
| Smith-Ryan, A. E.; Antonio, J.  | (2013). *Sports nutrition & performance enhancing supplements.* Ronkonkoma, NY, Linus Learning. | 978-1-60797-339-3 | Yes |  |
| Antonio, J., Kalman, D., Stout, J. R., Greenwood, M., Willoughby, D. S., & Haff, G. G. | (2008). *Essentials of sports nutrition and supplements.* Totowa, NJ: Humana Press.  | 978-1588296115 | Yes | **Ebook in UWS library** [**https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS215226790001864&context=L&vid=UWS&search\_scope=uws\_alma&tab=default\_tab&lang=en\_US**](%20https%3A//pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS215226790001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US) |
| Bernadot,D.  | (2011). *Advanced sports nutrition* (2nd ed.). Champaign, IL: Human Kinetics. | 978-1450401616 | Recommend | Ebook in UWS Library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS215205010001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| Kleiner, S. | (2014). *Power Eating* (4th ed.). Champaign, IL: Human Kinetics. | 978-1450530173 | Recommend | ebook in UWS library<https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=703893&site=ehost-live&ebv=EB&ppid=pp_Cover>  |
| Fitzgerald, M. |  (2012). *Racing Weight: How to get lean for peak performance* (2nd ed.). Boulder, CO: VeloPress.  | 978-1934030998 | Recommend | Ebook in UWS library<https://pahl-primo.hosted.exlibrisgroup.com/primo-explore/fulldisplay?docid=UWS5114999570001864&context=L&vid=UWS&search_scope=uws_alma&tab=default_tab&lang=en_US> |
| **COUN 6135/8135** **Career Counseling** | **Watts-Dolan** |
| Savickas, M. L. | (2018). *Career counseling* (2nd ed.).Washington, DC: American Psychological Association. | 978-1-4338-2955-0 | Yes | ebook in UWS library<https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=1902942&site=ehost-live&ebv=EK&ppid=Page-__-1>  |
| **COUN 6150/8150** **Multicultural Counseling and Advocacy** | **Coy****Harris** |
| Sue, D. W., & Sue, D. | (2016). *Counseling the culturally diverse: Theory and practice* *(7th ed.).* Hoboken, NJ: John Wiley & Sons. | 978-1-119-08430-3 | Yes | ebook in UWS library<https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=1110445&site=ehost-live&ebv=EK&ppid=Page-__-1>  |
| **COUN8810 Dissertation Research I** | **Weigand** |
| American Psychological Association. | (2009). *Publication manual of the American Psychological Association* (6th ed.). Washington, D.C.: American Psychological Association. | 978-14338056151433950618 | Yes |  |
| Terrell, S. R. | (2016). *Writing a proposal for a dissertation: Guideline and examples*. New York, NY: Guilford. | 978-1462523023 | Recommend | ebook in UWS library<https://uws.idm.oclc.org/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=nlebk&AN=1078913&site=ehost-live&ebv=EB&ppid=pp_Cover>  |