**UWS EDD Individual Studies**

**86 credits**

**Name** Click or tap here to enter text. **Phone # Click or tap here to enter text.**

**Advisor Name** Click or tap here to enter text.

**Student Signature** Click or tap here to enter text. **Date** Click or tap to enter a date.

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| **Core Courses**   * If student completed UWS MS degree they will have completed 24 of the 42 Credit Core within the masters and will not retake the core courses already completed in the doctorate. * Courses are not available every term.   Courses are listed in the preferred sequence for completion. | | | | | | |
| **Recommended Quarter** | **Course #** | **Course Name** | | **Credit** | | **Quarter Planned/Quarter Completed** |
| 1 | SPP8115 | Scholarly Writing Methods and Practices | | 2 | |  |
| 1 | COUN8101 | Ethics & Professional Identity *(K1)* | | 4 | |  |
| 1-2 | COUN7205 | Sport Psychology *(K2)* | | 4 | |  |
| 1-2 | COUN8120 | Research Methods & Program Evaluation *(K6)* | | 4 | |  |
| 1-2 | COUN7430 | Counseling Methods and Practices *(K5)* | | 4 | |  |
| 2-3 | COUN7415 | Applied Sport Psychology *(K2)*  **Prerequisites:** COUN8101, COUN7205 | | 4 | |  |
| 2-3 | COUN8125 | Statistics for Clinicians and Advanced Research Methods | | 4 | |  |
| 3-4 | COUN7445 | Psychological Preparation and Mental Skills Training *(K2)*  **Prerequisites**: COUN8101, COUN7205, COUN7415 | | 4 | |  |
| 2-4 | COUN7410 | Psychology of Performance Excellence | | 4 | |  |
| 4-5 | COUN7511 | Group, Team and Organizational Dynamics | | 4 | |  |
| 4-5 | COUN8522 | Sport and Performance Psychology Interventions  **Prerequisites:** COUN7205, COUN7415, COUN7445 | | 4 | |  |
|  | **Total Core** | | | **42** | |  |
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| **Individual Studies Concentration**   * The EdD in SPP requires students to take 28 quarter-credits of elective coursework within the doctoral program. * In order to register for the SPP Practicum series, students must complete K3-K8 CMPC requirements within the elective credits. | | | | | | |
| **Course #** | **Course Name** | | **Credits** | | **Quarter Planned/Quarter Completed** | |
|  | Elective *(See list below*.)  **Recommended elective toward CMPC:**COUN8115, Human Growth & Dev; COUN8400 Psychopharmacology *(K7)* | | 4 | |  | |
|  | Elective *(See list below.)*  **Recommended elective toward CMPC:** COUN8145, Psychopathology & Appraisal *(K4)* | | 4 | |  | |
|  | Elective *(See list below.)*  **Recommended elective toward CMPC:**COUN8150, Multicultural Counseling *(K8)* | | 4 | |  | |
|  | Elective *(See list below.)*  **Recommended elective toward CMPC:** COUN7440, Applied Motor Learning *(K3)* | | 4 | |  | |
|  | Elective *(See list below.)* | | 4 | |  | |
|  | Elective *(See list below.)* | | 4 | |  | |
|  | Elective *(See list below.)* | | 4 | |  | |
| **Total Elective** | | | **28** | |  | |
|  | Culminating Experience *(See list below.)* | | 4 | |  | |
|  | Culminating Experience *(See list below.)* | | 4 | |  | |
|  | Culminating Experience *(See list below.)* | | 4 | |  | |
|  | Culminating Experience *(See list below.)* | | 4 | |  | |
| **Total Culminating Experience** | | | **16** | |  | |
|  | | | | | | |
| **Total for Program** | | | **86** | |  | |
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| **Individual Studies Elective List**   * The EdD in SPP requires students to take 28 quarter-credits of elective coursework within the doctoral program. * In order to register for the SPP Practicum series, students must complete K3-K8 CMPC requirements within the elective credits. | | | |
| **Course #** | **Course Name** | **Credits** | **Quarter Planned/Quarter Completed** |
| COUN7440 | Applied Motor Learning *(K3 partial)* | 4 |  |
| COUN8115 | Human Growth & Development | 4 |  |
| COUN8400 | Psychopharmacology *(K7)* | 4 |  |
| COUN8145 | Psychopathology & Appraisal *(K4 requirement)* | 4 |  |
| COUN8150 | Multicultural Counseling and Advocacy (*K8 requirement)* | 4 |  |
| MSE8500 | Exercise Physiology *(K3 partial)* | 4 |  |
| COUN8155 | Sport in Society *(K3 partial)* | 4 |  |
| MSE8220 | Biomechanics *(K3 partial)* | 4 |  |
| COUN8135 | Career Counseling | 4 |  |
| COUN8140 | Addiction Counseling | 4 |  |
| COUN7210 | Applied Health Behavior Theory | 4 |  |
| MSE8530 | Sports Nutrition | 4 |  |
| COUN7245 | Athletic Nutrition Planning and Supplements | 4 |  |
| LEAD7140 | Positive Coaching | 4 |  |
| LEAD7330 | Leadership and Administration in Athletics | 4 |  |
| LEAD8310 | Communication in Leadership Positions | 4 |  |
| LEAD8450 | Positive Leadership in Business | 4 |  |
| LEAD8485 | Positive Leadership in Sport  **Prerequisite:** LEAD7140 | 4 |  |
| MSN7201 | Fund. of Mind-Body Medicine & Psych of Well Being *(summer only)* | 2 |  |
| SPP8150 | Psychophysiology & Biofeedback *(K3)* | 4 |  |
| SPP8650 | Psychology of Performing Arts | 4 |  |
| COUN8440 | Directed Study in Sport & Performance Psychology *(requires permission)* | 1-4 |  |
| COUN8445 | Field Problems in Sport & Performance Psychology *(requires permission)* | 1-4 |  |
|  | | | |
| **Individual Studies Culminating Experience Options**   * Select either Scholarly Project, Practicum, or Dissertation. * Take all four courses in the selected track in order.   CMPCcomplete Practicum 1-4 | | | |
|  | | | **Quarter Planned/Quarter Completed** |
| **Practicum Option - Must be approved by Program Director** | | | |
| COUN8870 | Practicum 1 - Sport and Performance Psychology | 1-4 |  |
| COUN8875 | Practicum 2 - Sport and Performance Psychology | 1-4 |  |
| COUN8880 | Practicum 3 - Sport and Performance Psychology | 1-4 |  |
| COUN8885 | Practicum 4 - Sport and Performance Psychology | 1-4 |  |
|  | | **16** |  |
| **Dissertation Option - Must be approved by Program Director** | | | |
| COUN8810 | Dissertation Research I | 1-4 |  |
| COUN8815 | Dissertation Research II | 1-4 |  |
| COUN8820 | Dissertation Research III | 1-4 |  |
| COUN8825 | Dissertation Research IV | 1-4 |  |
|  | | **16** |  |
| **Scholarly Project Option - Must be approved by Program Director** | | | |
| COUN8850 | Field Experience and Scholarly Project I | 1-4 |  |
| COUN8855 | Field Experience and Scholarly Project II | 1-4 |  |
| COUN8860 | Field Experience and Scholarly Project III | 1-4 |  |
| COUN8865 | Field Experience and Scholarly Project IV | 1-4 |  |
|  | | **16** |  |
|  | | | |
| **Total Required for SPP Individual Studies** | | | |
|  | **Core** | **42** |  |
|  | **Electives** | **28** |  |
|  | **Culminating Experience** | **16** |  |
|  | **Total for Program** | **86** |  |