

1904  2014

# UNIVERSITY OF WESTERN STATES

*Celebrating 110 years*



## From the president

2014 marks the 110th anniversary of the University of Western States! As the first chiropractic college in the Western United States and the second oldest chiropractic institution in the world, UWS's history is the history of the profession. Since our beginnings in 1904, we have consistently delivered the finest integrative health care education available.

Throughout this year, we are honoring the history that distinguishes us and the legacy that provides a solid foundation for our future. UWS is hosting a variety of events commemorating the anniversary and celebrating our successes. We cordially invite you to attend our Homecoming 2014 this fall and reconnect with your peers. The NW Symposium, offered in conjunction with Homecoming 2014, has many exciting and informative speakers to meet your continuing education needs. Please find additional event details in this issue of your alumni magazine. I look forward to seeing you on campus!



*Joseph Brimhall,  
DC, president*

Vol. 3 | Issue 8 | Spring 2014

### Contents

**Content** | Patricia Sims, *Director of Development*  
Melissa Robinson, *Alumni and Career Services Advisor*

**Editing & design** | Nicole Miller, *Online Media Manager*

*Opinions expressed are those of the individual authors and do not necessarily reflect the views of the administration.*

Campus news.....	2
Alumni profiles & donors.....	3
Spotlight: 110th Anniversary.....	4
Alumni updates.....	5-7
Calendar of events.....	8

  
**in  
TOUCH**

## Meet the new director of development



*Patricia Sims*

503-847-2591  
psims@uws.edu

As UWS focuses on our future and the vital role that fundraising plays in that growth, the department of university relations is pleased to welcome Patricia Sims as director of development. Patricia is delighted to join UWS during this exciting time of expansion. The 110th anniversary of the university is a perfect time to reflect back on our long-standing tradition of excellence in education while looking forward to new opportunities.

Higher education isn't just about earning your degree. It creates a lifelong yearning to explore new ideas. During her professional fundraising career, Patricia has been drawn to medical higher education due to the constant striving for new discoveries and improved treatment options. She finds it rewarding to watch people satisfy their philanthropic goals and the university thrive as a result of bringing the two together at the right time.

Patricia will be reaching out to UWS alums to introduce herself. In the meantime, if you have any questions about the fundraising opportunities and priorities of UWS, please feel free to contact her.

## The office of alumni and career services



*Melissa Robinson*

503-847-2544  
careerservices@uws.edu  
alumni@uws.edu

University of Western States has combined the functions of alumni relations and career services to create a single point of contact to empower students and alumni with the resources, connections and support necessary to enhance their career development and professional growth. Resources and support include:

- career plan development and consultation
- support for both those seeking and offering employment and practice opportunities
- networking opportunities including the Mentor Network
- workshops, seminars and information to promote continual professional development and increased business literacy
- career development resources on the student portal
- alumni portal with access to an alumni directory, care pathways and protocols, events calendars, continuing education information, business and financial planning resources and campus updates

These services are provided by Melissa Robinson, a licensed vocational counselor with a background in health care recruitment, practice management consulting, and experience coaching job seekers through successful career transitions. Melissa strives to promote an engaged UWS community working together to achieve their career goals and advance their professions.

## Updated fitness area in gym

Over spring break, UWS' office of facilities was hard at work creating an upgraded fitness area in the gym — the area features a specialized flooring to protect the wood underneath, new, mobile basketball hoops, additional space for our current equipment, new equipment and cubbies for personal items.

The new fitness area is a part of the Western States Wellness initiative to promote healthier living and wellness in our campus community.

More updates and additional improvements will follow!



# Alumni Spotlight: Eddie Hansen, DC

CLASS OF 1995  
CURRENTLY IN: BELLINGHAM, WASH.

1995 alum, Eddie Hansen, DC, remembers sitting in class and feeling overwhelmed. Now, these same seats are filled with the next generation of chiropractic physicians listening to Dr. Hansen as he shares his insight into growing a successful practice, setting short and long-term goals and striving to achieve them.

## BALANCE

Dr. Hansen knows the importance of finding balance in life. Early in his career, Dr. Hansen focused primarily on his practice and soon found that this was taking a toll on his personal life. As a successful owner of four chiropractic clinics and one medical clinic, Dr. Hansen wears many hats, splitting his time as a practitioner and an administrator. He now balances the care of his patients, growing and expanding his practices and enjoying family life.



*Eddie Hansen, DC*

## CULTURE

Clinical culture doesn't just happen, it must be developed and nurtured. Dr. Hansen advises all of his associates to build a clinical culture of caring by developing relationships with their patients. Dr. Hansen values the relationships he developed during his years at UWS. He and a group of his peers are active in each other's lives and even vacation together.

## GIVING BACK

Dr. Hansen's lecture visits to UWS are one of his ways of giving back to the profession and university that have allowed him to live a blessed life.

## Are there ways that you would like to give back to UWS?

Please contact Patricia Sims, director of development, at [psims@uws.edu](mailto:psims@uws.edu) or 503-847-2591.

## *Thank you to the following alumni who were the first to make a gift during our 110th anniversary year!*

Please join with these alums and become one of the 110 alumni that will take the lead by making a gift to UWS. Your gift today will continue our enduring legacy of education by allowing current and future UWS students to have access to the same exceptional education that launched and sustained your career. A postage-paid envelope is enclosed for your convenience in making your gift. Thank you!

Mel Bornstein, DC 1979  
Paul Davis, DC 1981  
Robert Haug, DC 1989  
Douglas Hibbard, DC 1983  
Russell Kalen, DC 1985  
Karen Kelsall, DC 1996  
Nancy Kimbrell, DC 1995  
Kenneth Koenig, DC 1987  
Mario Larouche, DC 1992  
Kathleen Manley, DC 1986  
Harold Matz, DC 1949  
Michael Milanovich, DC 2005  
Daniel Murphy, DC 1978  
Charles Novak, DC 1987  
Peter Pisk, DC 1953  
Jill Schuldt, DC 2012  
Rosemary Zimmerman, DC 1984



## Please join with the University of Western States as we celebrate 110 years of educating health care professionals.

All University of Western States alumni are invited to visit the UWS campus with your family to share your fond memories of the people and places that launched your career. Reunite with classmates and the faculty that shaped the practitioner you are today.

### Scheduled events to commemorate 110 years:

FOR MORE INFORMATION, PLEASE VISIT  
[WWW.UWS.EDU/CELEBRATING-110-YEARS](http://WWW.UWS.EDU/CELEBRATING-110-YEARS)

#### APPA ANDERSON BIRTHDAY GRAND ROUNDS

July 9, 2014

6:30–8:30 p.m.

Location: UWS Campus

Audience: Alumni, DC students and local chiropractic professionals seeking continuing education

Earn two hours of continuing education credit, take part in a birthday celebration honoring Appa Anderson and celebrate UWS's 110th anniversary.

#### 110TH ANNIVERSARY SUMMER SOCIAL

August 2, 2014

12–4 p.m.

Location: UWS Campus

Audience: Alumni, students

Socialize with members of the complementary and alternative medicine community in a wellness-centered environment.

Relax in a casual atmosphere with great food, music - all in a family-friendly setting. Take a tour of the campus and enter to win prizes in a raffle drawing.

#### HOMECOMING 2014 FAMILY BBQ

October 10, 2014

5–8 p.m.

Location: UWS Campus

Audience: Current students, alumni, CE attendees, vendor representatives

Enjoy the company of current UWS students as you share a meal and stories of your time as a student at UWS. Children of all ages are welcome at this family-friendly activity. Listen to music, take part in a silent auction, tour the UWS campus, purchase a UWS history book and have it signed by UWS Historian Dr. Lester Lamm.

#### NW SYMPOSIUM

October 10-12, 2014

Friday: 12 – 6 p.m. • Saturday: 8:30 a.m. – 6 p.m. • Sunday: 8 a.m. – 2 p.m.

Location: UWS Campus

Audience: UWS alumni and field chiropractors and naturopaths

Continuing education seminars will be hosted throughout the day. Attendees can visit with industry representatives during breaks.

Featuring Dan Murphy, DC who will be discussing "longevity."

Attendees can earn up to 20 hours of CE credit!

#### A LEGACY OF EXCELLENCE...A FUTURE OF PROMISE DINNER

October 11, 2014

7–10 p.m.

Location: TBD

Audience: UWS leaders, alumni and distinguished guests

Mingle with leaders in the field of chiropractic health care as UWS formally celebrates 110 years as an educational institution. Distinguished members of the chiropractic community will be recognized as the history of UWS is celebrated and the future is announced.



UNIVERSITY  
OF WESTERN  
STATES

*Celebrating 110 years*

# Alumni Updates & Obituary Notices

## | 1970 |

**DR. DANIEL BEESON, '74**, is currently in his 40th year of chiropractic practice. Dr. Beeson served two years as president of the Oregon Chiropractic Association (OCA). During the past 40 years, Dr. Beeson served as president or past-president six times for the OCA.

**DR. KAREN BUSCH, '77**, has been an educator at Living Wisdom School for the past 27 years. Dr. Busch also teaches part-time for Ananda College and co-teaches a series of online teacher development classes on Education for Life.

**DR. RICHARD BROUSE, '77**, after 38 years, Dr. Brouse is planning on downsizing and relocating to a new location in order to focus on treatment and prevention of nutritional imbalances in a consulting practice. Dr. Brouse has specifically decided NOT to retire especially since the development of nutrigenomics and the rediscovery of hypovitaminosis D as a universal deficiency.

**DR. STEVEN KATZ, '78**, is celebrating his 36th year in a great practice located in Mill Valley, Calif. Dr. Katz is grateful to be healthy and blessed with a wonderful family that includes children and grandchildren. **DR. RICHARD SCHECHTER, '78**, remains a lifelong brother.

**DR. VERN SABOE, '79**, recently became a clinic director at a patient-centered primary care medical home (PCPCMH) in Salem, Ore., and is in the process of converting his Albany practice of 33 years into a PCPCMH clinic and looks forward to helping colleagues do the same.

**DR. HARVEY SCHWARTZ, '79**, will have his "Whatcom Writes!" award-winning story entitled "Crossroads" published in an anthology and shared at a live event. His YouTube video, "Bellingham Subdued Quirk: (Pursuing Delightment in the City of Subdued Excitement)" will be featured at the Snowdance Film Festival. Additionally, two of his poems have been chosen

for a poetry/dance collaboration by Bellingham Repertory Dance.

## | 1980 |

**DR. JAN CORWIN, '81**, is happy working at Circle Healthcare Clinic in Portland, Ore. Now that her children are grown, Corwin finds that she has more time to travel, which is great. Dr. Corwin and her partner of 27 years went across the river to Washington to get married last fall. Corwin's hobbies include cycling, traveling, reading, knitting and singing in Aurora Chorus.

**DR. MARTIN JACOBSON, '81**, has practiced in Palm Bay, Fla. in the same office for the past 30 years. Dr. Jacobson enjoys being active at church, playing senior softball, and caring for his two rat terriers. He says, "I have had a wonderful life here in Florida with my wife and three children and I would like to practice a few more years before hanging up my Graston Tools."

**DR. ART WALKER, '81**, and his wife, CJ, live full time in their motorhome touring and teaching. She teaches Zumba and he continues to teach A & P at the Costa Rica School of Massage Therapy and his CE course for bodyworkers and GuaSha for Myofascial Release

**DR. ALAN GOLDHAMER, '83**, reports that the November 2013 edition of *GQ* magazine features an article on patients receiving care at Goldhamer's TrueNorth Health Center. ABC-TV will be airing a 17-minute sequence on care at this facility.

**DR. VERNA MAKINO, '83**, transitioned into a part-time chiropractic practice when she started teaching students with special needs 15 years ago. She is now working as an autism consultant teacher for the Hawaii State Department of Education. Her son and daughter attend the John A. Burns School of Medicine in Honolulu. She says, "Someday, I hope to take them and my husband to see the beautiful college

that I had the privilege of graduating from more than thirty years ago."

**DR. DONALD BONNEY, '85**, is approaching his 29th year practicing in Albuquerque, NM. He was recently awarded Diplomate status by the American Association of Integrative Medicine. Dr. Bonney continues board certification with the American Board of Independent Medical Examiners. His most important achievement is as a new grandfather to six-month old Dillon.

**DR. KATHLEEN MANLEY, '86**, and **DR. STEPHEN BENDER, '83**, continue to practice in Ashland, Ore. Dr. Manley was voted "Best Chiropractor" in an unofficial survey done by the local monthly paper. Dr. Bender gets senior status which means just six CEUs per year. They are still finding enjoyment in their practice. They live outside of town in the Cascade-Siskiyou National Monument and enjoy a Northern Exposure/Swamp People type of community life. Drs. Manley and Bender are almost officially empty-nesters.

**DR. TED FORCUM, '88**, was recently voted on to the board of the Joint Commission on Sports Medicine and Science (JCSMS). This represents the first time that a chiropractor has been a board member to this organization. The JCSMS represents every major profession in sports medicine in the United States, ranging from the AMA to optometry, and the CDC to the US Olympic Committee. The purpose of the Joint Commission is to serve as a convener and as a catalyst for cooperative ventures.

**DR. RACHELE FERRARO, '88**, in addition to private practice, is on the staff of Anantara Medicine, an integrated medical clinic in San Francisco. The clinic specializes in treating patients who are dealing with difficult, chronic diseases. The close collaboration with other practitioners is an inspiration for how medicine can be practiced.

## Alumni Updates & Obituary Notices (continued)

**DR. CHERYE ROCHE, '89**, purchased a practice near Auckland, New Zealand and welcomes great doctors to join the practice or simply visit the magnificent country.

### | 1990 |

**DR. DON WHITE, RN, DC, DACNB, '90**, continues practicing in Beaverton, Ore., and recently announced he passed the neurology boards with the Carrick Institute. Who says you can't teach an old dog new tricks?

**DR. JAN KELLEY, '91**, is preparing for retirement from her practice in Pt. Charlotte, Fla. She shares that chiropractic has been a great career choice and she feels that University of Western States gave her an excellent education.

**DR. CARRIE WOLF, '91**, celebrated her 50th birthday last September which caused her to reflect and review what kind of contribution she has brought to this world. She says, "I realized I absolutely chose the right profession. Chiropractic has been hugely rewarding and allowed me to make a positive contribution to my community. However, I also realized I want to do more... by helping people have a better life through other efforts."

**DR. OWEN MARTIN, '92**, and **DR. SANDRA MARTIN, '90**, are still in Grants Pass, Ore., operating a multidisciplinary clinic that includes: chiropractic, rehab, exercise classes, naturopathy and hopefully soon to add acupuncture. With kids almost grown, ages 20, 17 and 16, the Martin's enjoy a bit more freedom. They get to see a lot of **DR. JIM SIEGEL, '92** and **DR. BRIAN MCGREGOR, '92**.

**DR SEAN HERRIN, '92**, is living in Portland, Ore., with his wife, Wendy and daughter Kaia. He is an associate professor and chair of the Department of Clinical Education at UWS. He is also practicing part time in NW Portland.

**DR. DAVID FOLWEILER, '93**, was appointed in December 2013 to the

Washington State Chiropractic Quality Assurance Commission.

**DR. STEPHEN LIPPITT, '96**, currently practicing in Belleville, Ontario, Canada, rocked out with his band "Atomic Spirit" on March 1, 2014 during "Pure and Powerful's" chiropractic philosophy weekend.

**DR. TORRANCE BROOKS, '97**, spent three years working with professional and Olympic athletics. Dr. Brooks and his family then moved to Tucson where he played college ball and opened up an office near the U of A campus. Dr. Brooks now focuses on the everyday person in the neighborhood, amateur athletes, science-based nutrition and personal injury.

**DR. ROBIN HUHN, '97**, moved to Las Vegas, Nev. after graduating, opened a practice and became active in the state association. Dr. Huhn is now retired, having sold the practice in January 2008, and is considering volunteering chiropractic services to a local free clinic.

**DR. LARRY SMITH, '99**, became licensed as an RN and began the nurse practitioner program while running his practice. Next year, he will add adult/geriatric primary care to his practice in the Las Vegas, Nev. area.

### | 2000 |

**DR. MATTHEW PYHALA, '01**, will marry Sarah Riley on May 24, 2014 in Kenai, Alaska.

**DR. JULIE WORKMAN, '01**, recently sold a successful clinic in Washington and is now running a clinic in Oregon. She is excited to implement new techniques and features covered under the scope of Oregon doctors. Dr. Workman works with Art Croft, DC on PI and is learning JTECH and Sigma instrumentation. Dr. Workman finds technology amazing, and has been using a cloud-based software, entitled Care Cloud, for a year. Dr. Workman would enjoy sharing her knowledge of these programs.

**DR. SHANE ARNOLD, '03**, works as vice president of Treatment Standards with Airrosti Rehab Centers. In this role, Dr. Arnold trains more than 40 doctors per year in communication, clinical procedures and practice-building efforts. His responsibilities include ensuring that 130+ doctors in Texas, Oklahoma, Virginia, Ohio, Illinois and Washington are giving Airrosti patients the best possible experiences as they receive treatment. On a personal note, Dr. Arnold enjoys keeping up with his five children, ages 8 to 17, and their sports and musical activities.

**DR. ANTÓNIO LOPES TEIXEIRA, '03**, has been practicing for 10 years and is happy every day for the thorough education and clinical practices that he learned while attending University of Western States.

**DR. JACOB MAY, '04**, is still practicing in downtown Portland, Ore. at Clearwater Clinic. He is involved with marathon training groups and the Portland State athletics. He was medical director for the Portland Fit training group and has been part of the Oregon Ballet Theater physical therapy team for six years. His volunteer work includes the Returning Veterans Program, American Heart Association and Team-in-Training. He is also a preceptor doctor for the University of Western States taking in a fledgling 12th quarter student and giving them a real world experience.

**DR. GRETCHEN BLYSS, '05**, hired **DR. AMY LESLIE, '13**, as a new associate at Blyss Chiropractic in February. Dr. Blyss says, "I would like to thank the school for inviting me to speak at the pinning ceremony this last week for the 9th quarter students. It was an honor and I had a wonderful time catching up with the professors and touring the new anatomy lab."

**DR. RON ROBINSON, '05**, wrote a chapter of the book "The Art of Being Healthy" which is a collaborative work focused on tips and ideas to encourage a lifestyle of health and wellness. In June 2013, Dr. Robinson and his wife

**Email updates: alumni@uws.edu** Submissions may be edited for length.

went on a service trip to Kenya. While there, he gave talks about chiropractic and was able to adjust and bring chiropractic to a culture that had not previously been exposed to the wonders of the adjustment.

**DR. NATHAN EDMONDS, '06**, started his own clinic after working as an associate for six years. The grand opening was in May 2013 and is already busy. The name is Live Well Chiropractic and is located in Oregon City, Ore. Dr. Edmonds was married in 2010 and welcomed their second son in June 2013.

**DR. ANDREA HERRST, '07**, has been in private practice in downtown Portland, Ore., for almost six years. She recently was an exercise coach on pregnancy-related low back pain with Dr. Caroline Peterson, DC, PhD at the Midwives Alliance of North America conference in October 2013. Dr. Herrst has a special interest in prenatal care, so this was an excellent opportunity to network with birth providers from all over the Northwest and beyond.

**DR. JARED SHELTON, '07**, has two kids 8 and 11, with one on the way. Located in rural eastern Idaho, he recently celebrated the 5th anniversary of opening his own office by opening a second location in a town 30 miles away. He is excited about the possibility of needing to hire an associate doctor.

**DR. TRENT ARTICOKER, '09**, has expanded his practice, Denver Chiropractic LLC, and hired **DR. BRITTANY DOWNING, '13** to join him and **DR. NICK SHUPE '11**. Dr. Downing brings a special interest in utilizing functional medicine along with treating auto accident injuries.

## | 2010 |

**DR. JONATHAN "DREW" ILLMAN, '10**, and wife **DR. CHRISTINE ILLMAN, '09**, operate a multidisciplinary practice in Boulder County, Colorado. In addition to chiropractic, staff members provide acupuncture, massage, pilates and counseling to the community. Dr. Chris

specializes in prenatal and pediatric care, while Dr. Drew focuses on athletes. Drs. Illman encourage any UWS grads to stop by and say hello.

**DR. JAIPAUL PARMAR, '10**, graduated from UNBC in 2007 with Biochemistry & Molecular Biology, then came south to Portland, Ore., to become a chiropractic physician. In 2012, Parmar and fellow UWS alum, **DR. JAIMIE ACKERMAN '11**, opened Alliance Wellness, an interdisciplinary health clinic in Vancouver, Canada. In addition to practice, Dr. Parmar is also an instructor at Vancouver Career College.

**BRIDGETTE WILKISON, LMT, '11**, recently opened a wellness center in Gresham, Ore.

**DRS. NATE AND KRISTINA COPPOCK '12**, started Active Life Chiropractic in November 2012. They entered a business plan challenge in October of 2013 and were awarded a second place prize of \$5,000. This money set in motion the plans to turn part of their practice into a pediatric/obstetric chiropractic practice, as well as the purchase of new diagnostic tools. Drs. Coppock are looking forward to an awesome 2014!

**JENNIFER CHAMPION, MSC, '13**, has started NeoGenesis Nutrition in the Southern California area. She has also been accepted in to the ND program at Bastyr University and will begin the program in July 2014. Champion contributes frequently to the Personalized Lifestyle Medicine Institute's blog and is working on publishing her first journal article.

**DR. WESLEY GREGG, '13**, and brother, **DR. ANDREW GREGG, '11**, started Hypo2 High Performance Sport Center in Flagstaff, Ariz. At their clinic, they provide elite athletes, and those who aspire to high performance, the best in fully-integrated, altitude-based support services, training facilities, and training tools in order to maximize individual and team performance.

**DR. COREY O'NEILL, '13**, states that

UWS has prepared him well for the many challenges and priorities he has in life. Since graduation, he has joined a practice in Medford, Ore., which he plans to take over in the next few years. Dr. O'Neill has started his own athletic clinic called ProSpine and Sport. He is the team chiropractor for Cascade Christian High School. He has earned his Certified Strength and Conditioning Specialist designation. He will wed in the summer of 2014.

## | FACULTY |

**DR. CATHY CUMMINS**, faculty, is an alternate for the USA curling team.

## Alumni Obituaries

**DR. DAVID CHARLES MACFADDEN, '50**

September 23, 1928 –  
January 9, 2014

Dr. MacFadden graduated from Western States Chiropractic College and began his chiropractic practice in Madras, Ore. After 20 years with the Boy Scouts of America program, Dr. MacFadden returned to Portland and served as dean of Students at Western States Chiropractic College for several years. He maintained a clinic in Gresham until he retired in 2009.

**DR. ROGER JOHANSEN, '55**

December 19, 1932 –  
December 28, 2013

Dr. Roger Johansen graduated from Western States Chiropractic College in 1955 as one of its last graduates to receive both the Doctor of Chiropractic and Doctor of Naturopathy Degrees. During his 58 years of practice he always spoke fondly of his education at Western States Chiropractic College. Dr. Johansen is survived by his loving wife, Evelyn, four children, two stepchildren, nine grandchildren and one sister.

**DR. LUDWIG LANDWEHR, '64**

March 3, 1925 –  
May 1, 2013

Dr. Landwehr practiced in Twin Falls, Idaho for 35 years.





UNIVERSITY of WESTERN STATES

*Integrating Health and Science*

2900 NE 132nd Ave. Portland, OR 97230

1904 - 2014

*Celebrating 110 Years  
of Excellence in Education*

*in*  
**TOUCH**

University of Western States  
Alumni & Friends Newsletter  
Volume 3 | Issue 8 | Spring 2014

Make sure your information is  
up-to-date: [alumni@uws.edu](mailto:alumni@uws.edu)

*Upcoming Events*

May 17	NMCA conference, Alumni and Friends dinner	Albuquerque, NM
June 6-8	AAC Conference	Carefree, AZ
June 19	Open House - Commencement Celebration	Hampton Hall, UWS
June 20	Commencement Ceremony	Oregon Convention Center
July 9	Appa Anderson Grand Rounds	UWS
August 2	110th Anniversary Summer Social	UWS
August 21-24	FCA National Convention	Orlando, FL



**1904 - 2014**

*A legacy of excellence...  
a future of promise.*

