



## About the Speakers:



Lisa Brooking, LMT – Lisa Brooking started her massage career as a certified chiropractic assistant before completing her studies at Oregon School of Massage. She specializes in relaxation and deep tissue massage techniques. Her focus is on clients who suffer from minor auto accident-related injuries and muscle overuse.



Carrie Ebling, LMT, DC - Dr. Ebling offers effective and gentle whole-body care to help decrease pain and improve function. She has more than 10 years of experience working with the body and helping people to be more comfortable and able to participate in activities that help them thrive.



William Pleau, DC - Dr. Pleau specializes in natural medicine treatment. He offers a non-drug approach, chiropractic care and massage therapy to get patients back on the road to optimal health and wellness. The Foundation Natural Medicine Center strives to promote healthy lifestyles and natural and conservative therapies for injury care and prevention, optimization of physiological function and personal performance, health improvement and maintenance, and prevention of chronic disease. He uses gentle chiropractic manipulation and manual therapy, delivering pain relief to patients who suffer from neck and back pain, headaches, sciatica, auto injuries and sports injuries.



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