1895
Chiropractic founded by D.D. Palmer

1904
Marsh School and Cure Established

1909
Renamed Pacific Chiropractic College

1915
Curriculum expanded

1919
Oregon State Legislature recognizes chiropractic as licensed profession

1932
Naturopathy degree offered

1932
Incorporated as Western States College, School of Chiropractic and School of Naturopathy

1946
Enrollment surged as a result of the G.I. Bill

1953
Became first chiropractic college to adopt a two-year, pre-professional education requirement

University of Western States
Integrating Health and Science
From the president

2014 marks the 110th anniversary of the University of Western States. For more than a century, we have offered the finest chiropractic educational program available.

Our success and longevity is a testament to the institution’s values and vision. Our commitment to excellence in teaching is unrivaled. Our brand of enhancing and nurturing student learning by creating and sustaining a supportive and innovative learning environment has withstood the test of time.

History distinguishes us and shapes our future. Over the years our name has transformed and we have moved to different locations throughout Portland, but our commitment to improving the quality of life and to advancing the science and art of integrated health care remains as solid as ever.

Our motto of “for the good of the patient” continues to inspire and define us.

Dr. Lester Lamm, a Western States graduate and professor emeritus, has spent the last several years compiling a manuscript history of our institution. We are transforming that manuscript into a book that soon will be available. Check out history.uws.edu to see it online!

We are also making plans to celebrate the university’s historic anniversary event next year. Please save the date now for the UWS Homecoming October 10-12, 2014. More details will be provided in the near future. We hope you will join us!

Best regards,

- Joseph Brimhall, DC, president

Meet the Board of Trustees

The University of Western States Board of Trustees consists of individuals who volunteer time and expertise to the governance of the university. The board focuses on strategic planning and policy-making to ensure the continued growth and success of UWS.

Ron Rogers, DC
Resides: Ocean Shores, Wash.

Ron Rogers, DC, graduated summa cum laude from Western States Chiropractic College in 1989. Dr. Rogers was elected to UWS’ board in 2011. In 1995, Dr. Rogers achieved diplomate status with the American Board of Chiropractic Orthopedists. He is also certified as a strength and conditioning specialist.

Dr. Rogers has practiced in Ocean Shores, Wash., since 1990. In 2006, he was appointed by the governor to serve on the Chiropractic Quality Assurance Commission. He served as Chair of the Commission from 2009-2011 and was reappointed for a second term with the Commission in 2010. Dr. Rogers’ papers have been published in multiple peer reviewed journals and he has written numerous articles for www.livestrong.com.

In his free time, Ron enjoys running, motorcycling, hiking and community theater. Ron and his wife Christa have been married for 28 years and have two daughters and two grandsons.

Elli Morton, DC
Resides: Vancouver, British Columbia

Elli Morton, DC, was elected to the board in 2013. She earned her doctor of chiropractic degree at Western States Chiropractic College in 1995 after receiving a degree in biochemistry from the University of British Columbia. Originally from the West Kootenays, BC, Dr. Morton has been practicing in North Vancouver since 1997.

Dr. Morton is an active member of the Canadian Chiropractic Association, the British Columbia Chiropractic Association and the College of Chiropractors of BC. When not working, Dr. Morton enjoys biking, skiing and training for an occasional half marathon with her husband and two children.

John J. Greaney
Resides: Kent, Wash.

John J. Greaney received a law degree from University of the Pacific, McGeorge School of Law in 1980, after graduating from the University of California with a bachelor’s degree in political science. Mr. Greaney has been practicing law in Washington for more than 33 years. He began his career as a prosecuting attorney and later worked for an insurance defense firm before establishing his own practice.

Since becoming an attorney, Mr. Greaney has been a long-standing member of the Washington State Bar Association, the American Bar Association Litigation Section, the Washington State Trial Lawyers Association, the National Crime Victims Bar Association, and the Washington Defense Trial Lawyers Association.

Mr. Greaney is an avid baseball fan and enjoys going to Mariner’s games and attending his children’s soccer, baseball and softball games.

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- President’s Message
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- Campus News
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Vol. 2 | Issue 6 | Fall 2013
The University of Western States has been granted initial programmatic accreditation for its massage therapy program by the Commission on Massage Therapy Accreditation (COMTA). COMTA is recognized by the U.S. Department of Education as a specialized accrediting agency to ensure quality education in massage therapy programs.

“Even though this is a milestone in our program’s development, this is the beginning of a new journey,” said UWS Provost Laura Lamm, DC. “Currently only 85 of the roughly 1,400 massage therapy schools in the U.S. are accredited by COMTA. This recognition demonstrates our commitment to ensure the UWS massage programs meet the national quality standards set forth by COMTA.”

UWS is one of three massage therapy schools in Oregon to receive accreditation through COMTA.

**President Joseph Brimhall Elected Chair of the Northwest Commission on Colleges and Universities**

President Joseph Brimhall, DC, has been elected chair of the Northwest Commission on Colleges and Universities (NWCCU). As chair, Dr. Brimhall will exercise the executive powers of the commission and chair board meetings. He will chair the board executive committee, and preside at all NWCCU board and business meetings. His term runs through July 2016.

“While we have not found a more experienced leader to guide us through the next three years as the commission continues to effectively implement its new accreditation process in the Northwest and proactively addresses the complex challenges facing regional accreditation and higher education nationwide,” said NWCCU President Sandra E. Elman, PhD. “His unwavering commitment to the respect and advancement of education has earned him the respect of his colleagues on the commission.”

Prior to his role at UWS, Dr. Brimhall served six years as an elected NWCCU commissioner, four of those years as a member of the NWCCU executive committee.

In addition to serving on the commission, Dr. Brimhall was formerly chairman of the Commission on Accreditation, former president of the Council on Chiropractic Education and training, past-president of the Councils on Chiropractic Education International. He is a founding director of the Oregon Collaborative for Integrative Medicine, and serves on the executive committee of the Academic Consortium for Complementary and Alternative Health Care.

**UWS Hosts Conference for Educators who Manage Programs for Evidence-Informed Chiropractic Care**

The University of Western States hosted an inaugural conference for educators, curriculum planners and clinical supervisors who develop and manage programs for evidence-informed chiropractic care on July 12-14.

The focus of the conference was to help chiropractic colleges teach students how to use the latest research to deliver the best possible care to their patients. Representatives from every U.S. chiropractic college and one of the two Canadian chiropractic colleges were in attendance.

“This is the first conference of its kind where representatives of chiropractic institutions gathered at one location to share and discuss best practices, resources and strategies on evidence-informed practice,” said UWS Professor Ron LeFebvre, DC, who served as one of the workshop architects. “We wanted to create a forum for colleges to explore opportunities for collaboration, and help them further develop their curricula.”

The federally-funded conference was divided into two tracks: one for faculty who work in clinics and classrooms, and one for curriculum developers and managers who develop evidence-informed programs at their schools. The faculty track focused on teaching skills to access, assess and apply clinical research information; the curriculum developer/manager track focused on the implementation and management of an evidence-informed curriculum. Each track consisted of several workshops that were facilitated by content experts.

Participants attended interactive workshops to learn how their institutions could graduate new generations of chiropractors who are better trained at translating clinical research into practice.

“The aim was to provide training on how to effectively teach evidence-informed practice in classroom and clinic environments, and provide help to colleges that want to replicate curricular changes made by chiropractic institutions who have already successfully developed their evidence-informed curricula,” added Dr. LeFebvre. “We were thrilled with the teamwork and enthusiasm of our colleagues to create a process and infrastructure for future collaboration.”

The next evidence-informed conference is tentatively scheduled for 2015 at Palmer College of Chiropractic in Davenport, Iowa.

**Will Evans new associate provost for UWS’ graduate and undergraduate studies, online learning and research programs**

Will Evans, DC, PhD, has been named to the new position of associate provost to lead the university’s graduate and undergraduate studies, online learning and research programs. In addition, Dr. Evans will be responsible for the development of the university’s wellness program and related strategic initiatives.

“We welcome the expertise and background Dr. Evans brings to UWS,” said Laura Lamm, DC, provost. “His experience and success in developing wellness programs will benefit the university as it develops wellness programs that benefit our students, employees and the community.”

Dr. Evans joins UWS from the United States Sports Academy in Daphne, Ala., where he served as chief academic officer. Prior to that role, he was director of research at the Center for Health and Human Performance at Texas Chiropractic College in Pasadena, Tex. His other experience includes director of wellness initiatives at Parker University in Dallas; dean of graduate studies and director of health promotion degree at Cleveland College of Chiropractic in Kansas City, Kan. and Los Angeles; associate professor of research at Parker Institute for Parker University in Dallas; and a graduate teaching and research fellow at the University of Alabama in health science in Tuscaloosa, Ala.

“Dr. Evans is a fourth-generation chiropractic physician. Following graduation from Logan College of Chiropractic, Dr. Evans practiced for 17 years in Eufaula, Ala. During that time, he earned a Master of Arts degree in health studies from the University of Alabama and a doctorate in chiropractic supervision and management of an evidence-informed curriculum. Each track consisted of several workshops that were facilitated by content experts.

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The next evidence-informed conference is tentatively scheduled for 2015 at Palmer College of Chiropractic in Davenport, Iowa.

**The Alliance for Massage Therapy Education Elects University of Western States Assistant Director Eric Polgar to its Board of Directors**

UWS’ assistant director of massage therapy, Eric Polgar, has been elected to the Alliance for Massage Therapy Education’s (AFMTE) board of directors. Mr. Polgar was also elected to serve on the AFMTE executive committee as treasurer. The AFMTE is a non-profit organization that serves the massage therapy community as an independent voice, advocate and resource for the entire education industry.

“With more than 15 years of experience working in health care management and education, and as a licensed massage therapist (LMT), Eric brings a unique and broad set of skills to the Alliance,” said Alliance president Pete Whtridge, LMT. “His business background combined with a history of working with individuals and organizations to achieve their goals, will complement our board’s talent and experience, and help the Alliance to continue its mission of achieving a culture of excellence in massage therapy education.”

Mr. Polgar earned a bachelor’s degree in psychology from York College of Pennsylvania, and a Master of Business Administration degree in health care administration and management from Western Governors University.

**More news posted at www.uws.edu under “University News.”**
A legacy of excellence in chiropractic education

Professor Emeritus, Lester Lamm, DC, was commissioned to curate the history of chiropractic education and the history of the University of Western States. This project has become a website available to all.

See the whole project: history.uws.edu
**Alumni Updates & Obituary Notices**

**1970**

**DR. STEVE OLIVER,** ‘75, retired in 2000 after 27 years as an instructor at WSCC. He moved to Palm Springs and opened a practice for a short time before being diagnosed with Lupus. He went through chemotherapy which resulted in successfully arresting the active inflammation. He continues to love the Palm Springs lifestyle.

**DR. RICHARD BENSON,** ‘77, recently published two books: “Stepping Into Your Personal Field of Abundance” and “Life, Liberty and The Pursuit of Happiness.” Richard’s books allow the process of deliberate creation to be easy for anyone to understand and implement, regardless of age, education or experience.

**DR. HARVEY SCHWARTZ,** ‘79, retired in 2004. In addition to some chiropractic consulting, he and his wife have traveled extensively. His wife, Colleen, is a poet and TV writer, as is his son Jerome. His son, Devan, has written a novel and is a newspaper and radio journalist.

**1980**

**DR. MICHAEL GOTTFRIED,** ‘80, was recently elected vice president of the chiropractic society of Rhode Island, which sponsored the movie “Doctored.”

**Dr. son Jerome. His son, Devan, has written a novel and is a newspaper and radio journalist.**

**1990**

**DR. ALEXE BELLINGHAM,** ‘90, is one of two chiropractors working in the interdisciplinary pain management clinic at Tegner Arthroscopy Medical Center in Honolulu, Hawaii.

**DR. JAMES KURT,** ‘90, and DR. MING MING SU-BROWN, ‘90, opened a second office in Seattle last year. Jim is entering his fourth season as the team chiropractor for the Seattle Seahawks. One son Nolan is a senior at Seattle Pacific University, and their other son Alec is a freshman at Cal Berkeley.

**DR. KIM DORSLEY,** ‘93, is living in Utah and raising her 15-year-old daughter. She is treating patients and teaching acupuncture certification courses.

**DR. JEFF NELSON,** ‘86, and DR. LORNA LESEE, ‘85, moved back to Vero Beach, Fla., three years ago from New York. They were residents in neurology (hrs off to you Rich G. and Jim C.) with the ACBN. Long-retired from practice in Orlando, they are again importing French antiques and running the latest edition of the 40+ year old family business in Florida. Lorna, who is Parsons University-certified, is teaching decorative paint classes and turning out one masterpiece after another.

**DR. DOROTHY KARCHESKI,** ‘88, is opening a new office in the ranch country of the high desert in Holbrook, Ariz., offering medicinal plant herb identification walks and workshops on current health concerns for the community.

**DR. CHERY ROCHE,** ‘89, had a 10-year practice in Seattle and spent two years teaching at UWS, nine years in the United Kingdom and now four years in New Zealand. She is now back to a full time practice, and loves living in Auckland, New Zealand.

**DR. RAYNEL HUNT,** ‘97 is the owner of the Washougal Chiropractic Center on Main St. in Washougal, Wash.

**DR. MARC DAVIS,** ‘99, has a thriving practice in Vancouver, Wash. He was selected to be the backstage chiropractor for John Mayer when he stopped in Vancouver. That was one of many clinical highlights in his fulfilling practice as a chiropractor.

**DR. JEROME FRYER,** ‘99, has been working to help increase the utilization of chiropractic. In the last few years, he published a couple of papers influenced by his UWS instructors. The papers can be found on the PubMed website. In addition, he is the chief innovations officer for Dynamic Disc Designs Corp. (which sponsored the movie “Doctored.”)


**2000**

**SHIRESH BHALERAO,** ‘00, recently completed a master’s in clinical research at Oregon Health and Science University.

**BRANT STOCK,** ‘03, opened a membership/cash practice in Salt Lake City, Utah, called the Chiro Fix.

**GRETCHEN BLYSS,** ‘05, opened her own practice three and a half years ago in downtown Portland. She also helped edit “Whiplash and Mild Traumatic Brain Injury (A Guide for Patients and Practitioners).” Her associate, DR. ANITA LEBLANC, ‘11, began her first intern from UWS two years ago.

**ELNA MUNOZ,** ‘05, opened a multidisciplinary clinic, Optimal Performance Clinic, in 2011. The clinic staff works one-on-one with patients – who include NFL, NCA, CFL and Olympic athletes – and utilize a team approach to care. She and her husband welcomed their first daughter, Naiya Rose Johnson in August 2012.

**2010**

**JAMEY LITTLE,** ‘11, got married in June, and the following month, opened her own practice, Action Chiropractic, in Mustang, Okla.

**ANTHONY CUTTING,** ‘12 is an associate at Walton Chiropractic in Springfield, Ore., specializing in sports injuries, PI cases, pregnancy care, and pediatric care. When not practicing, he spends time with his wife and nine-month-old son, hiking, camping, running and exploring Oregon.

**MARK JOHANSEN,** ‘12, is practicing in Portland and Molalla, Ore., happily married and finding his stride in practice, staying busy and enjoying the profession, and wishing a bright future for chiropractic in the new health care system.

**2013**

**EDWARD GELLER,** ‘74

**EMERY WAYMAN,** ‘57

**LARRY HALLADAY,** ‘49

**LAURA CHAFFOTTE,** ‘90

**Email updates: alumni@uw.edu** Submissions may be edited for length.

Alumni updates

**Obituary Notices**

**2012**

**RICHARD (POPPY) WIEGAND,** ‘13, married DR. BRADLEY WIEGAND, ‘02, in July. They are both practicing in Shelbytown, Wis. (but not together!)

**2013**

**ROBERT FLEEMING,** ‘53

**GUSTAV SCHIEFSM, ’82**

**ROBERT BOBISUD,** ’80

**APPAAANDERSON,** ’53

**DYAN WAGEMAKER,** ’09

**DANIEL GRUBIC,** ‘81

**ARIK MARTIN,** ‘80

**ERIN WATSON,** ‘49

**EDWARD GELLER,** ‘74

**EMERY WAYMAN,** ‘57

**LARRY HALLADAY,** ‘49

**LAURA CHAFFOTTE,** ‘90

**where he will open his own practice in October.**
Kyle Bryant, DC, always looked to his dad for advice when making major decisions. In fact, it was his father’s advice to seek a career that complemented the lifestyle he wanted to live that prompted him to consider the field of chiropractic.

In 2008, Dr. Bryant graduated from Gonzaga University with a degree in business and enrolled at a community college to finish prerequisites prior to enrolling at UWS the following year. “I liked UWS’ approach to chiropractic philosophy because I personally believe we should be able to make our own choices [on philosophy] based on the information we learn.”

“I remember finals week in 3rd quarter, setting for my last exam with Dr. Borman, and laughing out loud at the sight of the test because of the sheer amount of 100+ question finals I had already taken,” Dr. Bryant said. “In hindisights, that was nothing compared to 6th quarter finals and the first round of boards! The program tested all aspects of human endurance, which is a necessary trial for those looking to delve in the responsibility of looking after other’s health and well-being.”

With a desire to experience something new, Dr. Bryant and his wife looked into practicing abroad – something they had not imagined before. In December 2012, Dr. Bryant graduated and was offered a position in Northern Ireland at the beginning of January. Dr. Bryant and his wife spent two weeks packing, spending the holidays with family, and saying good-byes to family and friends before shipping off to the Emerald Isle.

On the slim chance that they would be chosen, Dr. Bryant’s wife filled out an application for the TV show House Hunters International, and they were selected to film a segment. Although it caused both of them to step out of their comfort zones, Dr. Bryant said the process of filming an episode made the move worth it. The episode aired in September and earned Dr. Bryant the responsibility of looking after other’s health and well-being.

“Due to the lack of a strong legislative chiropractic body, Dr. Bryant has encountered physiotherapists, Chinese medicine doctors, and even people on the street claiming they are qualified to make chiropractic adjustments. “I figure if I can survive in this unfamiliar environment, then I will have some valuable experience to work with when I eventually come back to the states.”

- Kyle Bryant, DC

Due to the lack of a strong legislative chiropractic body, Dr. Bryant has encountered physiotherapists, Chinese medicine doctors, and even people on the street claiming they are qualified to make chiropractic adjustments. “I figure if I can survive in this unfamiliar environment, then I will have some valuable experience to work with when I eventually come back to the states and set up shop.”

In his free time, Dr. Bryant enjoys fishing and traveling throughout Europe, as well as playing soccer with the local men’s semi-professional team. The Bryant’s plan to spend a few years living in Northern Ireland before moving back to the United States and settling in eastern Washington where he plans to open a small family practice.

Kyle Bryant, DC
Class of 2012
Currently in: Northern Ireland

Mentor Network

Why should I become a mentor?

Inspiring the next generation of your colleagues while fostering your own professional development is the cornerstone of a successful mentor relationship.

The time and insight you share will increase the clinical efficacy and business savvy of those you mentor. It is perhaps one of the most influential ways to give back to your alma mater, your profession, and your community.

As a mentor, you:

• facilitate growth by sharing your resources and professional network.
• help identify the skills and knowledge that the mentee wants to achieve.
• share your expertise with others.
• find potential professional partners or employees.

What are the benefits of having a mentor?
The transition from successful student to prosperous professional can be both challenging and exciting. As an up-and-coming professional, one of the greatest resources you have are the colleagues who have gone before you.

Having a mentor enables you to:

• learn something new, whether in your chosen field of practice, business development, marketing or management.
• grow a professional network.
• discover new opportunities within your field of practice or in new ventures.
• experience real world situations.
• improve your knowledge to develop and reach professional goals.

Interested in becoming a mentor or want to connect with a mentor? View mentor profiles and connect with mentors at www.uws.edu/mentornetwork.


### Alumni Meet-n-Greet and Events

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<td>10/11 - 10/13</td>
<td>Fall Symposium &amp; Homecoming</td>
<td>Portland, Ore.</td>
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<tr>
<td>10/11</td>
<td>ASB Quarterly Social - Alumni are welcome!</td>
<td>Portland, Ore.</td>
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<td>10/12</td>
<td>President’s Luncheon/Reunion Dinner</td>
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<td>10/24 - 10/27</td>
<td>British Columbia Chiropractic Assoc. Convention</td>
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<td>10/25</td>
<td>Alumni &amp; Friends Dinner in Penticton, BC</td>
<td>Penticton, BC</td>
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<td>12/20</td>
<td>Commencement Ceremony</td>
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<td>Ho’olaule’a – a social luau reception</td>
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<td>12/14 - 12/15</td>
<td>Summer in December CE</td>
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<td>2/21-23</td>
<td>Amplify: Professional Development Weekend</td>
<td>Portland, Ore.</td>
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### Student Referral Appreciation Program

As an alumnus or friend of UWS, each time you refer an individual who enrolls as a student in the doctor of chiropractic or massage therapy program, UWS will send you a business gift that you can use in your work environment.

Simply remind the applicant to include your name on the referral line on the application form. When the application is submitted, your name is entered into the program. Thank you for your continued support and keep sending us great students.