

Massage Therapy Program Books and Supplies lists (2014)

Course #	Course Name	Required Text [publication date]	Author(s)	ISBN	Cost, New (estimate)
Note: If a book is used in multiple classes, it appears in black for the first class and red thereafter. (Estimates courtesy of UWS bookstore)					
1st Quarter					
MSG1120	Swedish/Chair Massage	Mosby's Fundamentals of Therapeutic Massage (5th ed) [4/26/12]	Fritz, Sandy	9780323077408	\$75.80
BIO 1121	Anatomy & Physiology I	Memmler's Structure and Function of the Human Body (10th ed) [4/1/12]	Cohen and Taylor	9781609139001	\$53.95
BIO 1122	Anatomy & Physiology I Lab	Memmler's Structure and Function of the Human Body (10th ed) [4/1/12]	Cohen and Taylor	9781609139001	
MSG1123	Medical Terminology	Mosby's Fundamentals of Therapeutic Massage (5th ed) [4/26/12]	Fritz, Sandy	9780323077408	
MSG1124	Communications & Ethics	Ethics of Touch (2 nd ed) [1/2/14]	Benjamin, Ben	1882908422	\$32.95
MSG1125	Kinesiology I	Trail Guide to the Body (5 th ed) [June 2014] Trail Guide to the Body: Student Handbook [9/1/10]	Biel, Andrew Biel, Andrew	9780982978658 9780982663417	\$49.95 \$23.50
MSG1110	Clinic I- Intro to Clinic	Mosby's Fundamentals of Therapeutic Massage (5th ed) [4/26/12]	Fritz, Sandy	9780323077408	

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2nd Quarter					
MSG2120	Deep Tissue Massage I	Fascial Release for Structural Balance [11/9/10]	Earls, James; Myers, Thomas	9781556439377	\$33.00
BIO 2121	Anatomy & Physiology II	Memmler's Structure and Function of the Human Body (10th ed) [4/1/12]	Cohen and Taylor	9781609139001	
BIO 2122	Anatomy & Physiology II Lab	Memmler's Structure and Function of the Human Body (10th ed) [4/1/12]	Cohen and Taylor	9781609139001	
MSG2123	Kinesiology II	Trail Guide to the Body (4 th ed) [9/1/10] Trail Guide to the Body: Student Handbook [9/1/10]	Biel, Andrew Biel, Andrew	0982663400 0982663417	
MSG2124	Pathology	Massage Therapists Guide to Pathology 5 th Ed [3/1/12]	Werner, Ruth	1608319105	\$67.00
MSG2127	Clinic II	Mosby's Fundamentals of Therapeutic Massage (5th ed) [4/26/12]	Fritz, Sandy	9780323077408	

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3rd Quarter					
BIO 3120	Anatomy & Physiology III	Memmler's Structure and Function of the Human Body (10th ed) [4/1/12] Food Rules: An Eater's Manual [12/29/09]	Cohen and Taylor Pollan, Michael	9781609139001 9780143116387	\$11.00
BIO 3121	Anatomy & Physiology III Lab	Memmler's Structure and Function of the Human Body (10th ed) [4/1/12]	Cohen and Taylor	9781609139001	
MSG 3122	Deep Tissue Massage II	Fascial Release for Structural Balance [11/9/10] Concise Book of Trigger Points [9/23/08]	Earls, James; Myers, Thomas Niel-Asher, Simeon	9781556439377 1556437455	\$29.95
MSG 3123	Ortho/Sports/Rehab Massage	Orthopedic Massage Theory and Technique 2 nd Ed. [4/6/09] Sports & Exercise Massage: Comprehensive Care in Fitness, Sports and Rehabilitation 2 nd Ed. [1/1/2013]	Lowe, Whitney Fritz, Sandy	0443068127 9780323083829	\$76.45 \$65.00
MSG 3125	Clinic III	Mosby's Fundamentals of Therapeutic Massage (5th ed) [4/26/12]	Fritz, Sandy	9780323077408	
MSG 3105	Massage for Cancer Patients	Medicine Hands: Massage for people with Cancer (2007) [1/7/07]	MacDonald, Gayle	1844090906	\$32.95

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4th Quarter					
MSG 4125	Clinic IV	Mosby's Fundamentals of Therapeutic Massage (5th ed) [4/26/12]	Fritz, Sandy	9780323077408	
MSG 4121	Survey of Modalities	No Textbook Required- see instructor for recommended reading list			
MSG 4122	Medical Massage	No Textbook Required- see instructor for recommended reading list			
MSG4123	Business Management	Business Mastery: A guide for creating a fulfilling, thriving business and keeping it successful 4 th Ed. [1/1/08]	Sohnen-Moe, Cherie	0962126578	\$33.25
MSG4105	Professional Development	No Textbook Required- see instructor for recommended reading list			

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University of Western States Massage Program Supplies List (March 2013)	
Required Supplies	Recommended Supplies
<ul style="list-style-type: none">• UWS Massage Polo- \$35.00• Massage Lotion Holster- \$15.00• Minimum of 2 sets of the following massage linens- (approximately \$40.00)<ul style="list-style-type: none">○ Twin-sized fitted sheet○ Twin-sized flat sheets○ Bath Size towel○ Pillow case	<ul style="list-style-type: none">• Massage Table- \$300.00-600.00• Round Bolster- \$ 30.00• Massage Lubricant- \$15.00